



# Cavity Free Kids: Oral Health Curriculum for Head Start Programs

## FREE TRAINING OPPORTUNITY FOR HEAD START STAFF

Two day training offered October 25-26, 2005 in Anchorage!  
Register by September 15.

### WHAT IS Cavity Free Kids?

“Cavity-Free Kids” ([www.cavityfreekids.org](http://www.cavityfreekids.org)) is a curriculum for dental/oral health education designed specifically for Head Start programs that is playful and hands-on; developmentally appropriate activities teach oral health while meeting learning domain elements! The curriculum uses Head Start terminology, includes parent education modules, and is easily integrated into daily lesson plans.

The Head Start Collaboration Office will provide funds to cover travel expenses and per diem for two Head Start Representatives from each grantee to attend this session of CFK Train-the-Trainer. Call or email: Paul Sugar. Phone: 907.465.4862. Fax 907.465.2806. E-mail [paul\\_sugar@eed.state.ak.us](mailto:paul_sugar@eed.state.ak.us).

### WHEN: October 25-26, 2005

#### October 25, 2005

|                       |                 |
|-----------------------|-----------------|
| Registration & Coffee | 8:30 am         |
| Training              | 9:00 – 12 Noon  |
| Lunch                 | 12:00 – 1:00 pm |
| Training              | 1:00 – 4:30 pm  |

#### October 26, 2005

|          |                 |
|----------|-----------------|
| Coffee   | 8:30 am         |
| Training | 9:00 – 12 Noon  |
| Lunch    | 12:00 – 1:00 pm |
| Training | 1:00 – 4:30 pm  |

### WHERE:

BP Energy Center  
<http://alaska.bp.com/alaska/bpenergycenter/default.asp>  
900 East Benson Blvd.  
Anchorage, Alaska 99519-6612  
907.743.4270 (tel) 907.564.4955 (fax)

### Hotel within walking distance

Anchorage Residence Inn by Marriott  
[www.marriott.com/residenceinn](http://www.marriott.com/residenceinn)  
1025 East 35th Avenue  
Anchorage AK 99508  
907.729.0608

Sponsored by: State of Alaska Oral Health Program with funding support from US Health Resources and Services Administration (HRSA) and State Head Start Collaboration Office.

**WHO:** This is a train-the-trainer model and is appropriate for center managers, teachers, home visitors, health/nutrition coordinators, education/curriculum coordinators, as well as community partners such as health educators, nurses, hygienists, etc.

**WHY:** Take back to your site reproducible curriculum masters and CD—free! Dental disease is preventable!



## Cavity Free Kids: Oral Health Curriculum for Head Start Programs

**Representatives who attend will be responsible for making the following commitment to provide trainings in their region:**

- Conduct at least one training per year for Head Start teachers, aides and home visitors during the next two years.
- Coordinate trainings with and invite other educators from local/regional early childhood education programs.
- Complete a status report for each training which includes when and where the training was held, the names of the people attending, their employer, job title, home community and communities that will be served by those attending the training.
- Coordinate with local/regional WIC Program staff, health and dental providers, and dental programs that serve the region.
- Provide technical assistance for those who attend the training.
- Respond to follow-up evaluation activities requested by agencies funding the training (State of Alaska Oral Health Program and Head Start Collaboration Office).

**HOW:** Please complete and return the below registration form via fax or mail. Registration forms are due no later than September 15, 2005 to:  
**Karol Fink**  
Section of Chronic Disease Prevention  
P.O. Box 240249, Anchorage, AK 99524-0249. Fax 907.269.5446  
Questions call: 907.269.3457 or [Karol Fink@health.state.ak.us](mailto:Karol.Fink@health.state.ak.us)

| Name of Participant | Title | Email Address |
|---------------------|-------|---------------|
| 1.                  |       |               |
| 2.                  |       |               |

**Organizational Information:**

|                          |
|--------------------------|
| Head Start Program Name: |
| Head Start Director:     |
| Mailing Address:         |
| Phone Number:            |
| Email Address:           |