

38.

Saving with Chocolate

OBJECTIVE: Ice Breaker to help participants think creatively about how they can save more.

TIME: 5 minutes

MATERIALS:

Bag of small chocolate candies, such as M&Ms.

NOTE TO TRAINER:

This exercise can be used either in a classroom setting or at home with the family.

ACTIVITY:

Pass around a large bag of M&Ms, and ask each person in the group (or family) to take some. Be careful not to be more specific than “some.” Put them in front of them on a piece of paper so everyone can see. Make sure to ask people not to eat them quite yet.

Once everyone has taken some M&Ms, go around the room and ask each person to come up with a way to save for each M&M they chose! Those who took more M&M’s will have quite a lot of saving to do!!