

To: State, territorial, tribal, and local policymakers and administrators of systems, agencies, and programs responsible for children, youth, and family health and well-being, kinship care, social services, and K-12 school chiefs

Subject: Addressing the Impacts of Parent and Caregiver Loss on Children

Date: October 27, 2022

Dear Colleague:

Losing a parent or caregiver is a tragic and life-changing event for a child. Supporting children and families who have experienced loss is deeply embedded in the <u>strategic goals</u> and <u>mission</u> of the Administration for Children and Families (ACF). It is a necessary and urgent part of addressing the ongoing impact of COVID-19, which has taken so many lives in our communities, as well as the toll that overdose, suicide, violence, and other causes have taken on children and youth. ACF is committed to partnering with our grant recipients and state and local stakeholders to ensure that children, youth, and families who have lost a parent or caregiver are supported and connected with the services and resources they need to find stability again.

In recent years, losing a parent or caregiver has become an ongoing tragedy for children and youth caused by the co-occurring COVID-19 and drug overdose crises as well as increases in suicides and homicides. It is estimated that more than 229,000 children have lost one or both parents; 252,000 have lost a primary caregiver; and 291,000 have lost a primary or secondary caregiver due to COVID-19.¹ Families and communities of color, including tribal communities, have disproportionately experienced the negative impact of these losses. While they represent 39% of the U.S. population, children of racial and ethnic minorities made up 65% of those who lost a caregiver due to the pandemic. Compared to white children, American Indian and Alaska Native children were 4.5 times more likely to lose a parent or grandparent caregiver; Black children were 2.4 times more likely; and Hispanic children were nearly 2 times more likely to have lost a parent to COVID-19.

Overdose deaths have continued to rise as well, in both urban and rural areas, increasing 31% in the U.S. from 2019 to 2020. In 2019 and 2021, an estimated 199,320 people died from a

¹ Source: The Global Reference Group on Children Affected by COVID-19 and Crisis https://imperialcollegelondon.github.io/orphanhood USA/

² Source: Centers for Disease Control and Prevention https://www.cdc.gov/drugoverdose/deaths/index.html

drug overdose.³ Like COVID-19, racial and ethnic disparities persist in drug overdose deaths. While the total number of children who lost a caregiver to drug overdose is unknown, a study in Allegheny County, Pennsylvania, found that over a 16-year period more than 1,000 children lost a parent because of an unintentional drug overdose in that single county. HHS' overdose prevention strategy, launched in October 2021, is actively promoting primary prevention, harm reduction, evidence-based treatment, and recovery supports.

Suicide and homicide remain <u>leading causes of death</u> for people between the ages of 15 and 44 in the U.S. Suicide rates in 2020 were <u>30% higher than in 2000</u>. In 2020, more than 45,000 individuals died by suicide. Tragically, suicide was the second leading cause of death among young people aged 10-14 and 25-34 years. These deaths devastate families and communities. Several populations are at high risk for suicide including American Indians, Alaska Native youth, LGTBQI+ youth, rural men, military veterans, and law enforcement officials. The CDC's <u>Suicide Prevention Strategic plan</u> outlines four priorities for pursuing the vision of no lives lost to suicide. The homicide rate in the U.S. increased from 6.0 homicides per 100,000 in 2019 to 7.8 per 100,000 in 2020. This represents the <u>highest homicide rates since 1995</u>. Disparities persist in homicide deaths. Black or African American, American Indian and Alaskan Native, and Hispanic or Latino persons have <u>higher homicide rates</u> than other racial and ethnic demographic groups. In response, CDC's Division of Violence Prevention implements science-based programs, policies, and practices with partners and communities to create safer communities.

Human services programs play a critical role in supporting children and families who suffer from the tragedy of losing a parent or caregiver. I encourage you to consider how programs that offer concrete and family-focused supports can be deployed quickly and efficiently by knowledgeable service providers using trauma-informed approaches – and culturally and linguistically competent providers – to assist children and families impacted by parent and caregiver loss. A timely response to provide resources necessary to maintain or regain stability can help build the <u>protective factors</u> needed for long-term health and well-being. We can also all play a role in building community resilience in an ongoing way so that when families experience these tragedies, their communities are already equipped to provide both the acute and sustained support that families need.

ACF is working with agencies across the federal government and in partnership with states, tribes, territories, local governments, and grant recipients to ensure that families who experience parent and caregiver loss are aware of existing services, programs, and resources meant to offer support. We anticipate a variety of emotions as part of grieving and recovering from traumatic experiences associated with parent and caregiver loss. As a result, ACF and other Operating Divisions within HHS and across the federal government have taken actions to address the needs of children and families affected by loss. A summary of actions is included in an Appendix.

 $^3 \ Source: Centers \ for \ Disease \ Control \ and \ Prevention \ \underline{https://www.cdc.gov/nchs/nvss/vsrr/drug-overdose-data.htm}$

Programs and Resources to Support Families After Parent and Caregiver Loss

ACF is committed to communicating information about programs and resources to support families after parent and caregiver loss and fostering partnerships that support children, youth, and families who have experienced parent or caregiver loss. We encourage you to share the following strategies and resources to support these families.

Economic Supports				
Resource	Summary	Target Audience	Target Population	Link
Temporary Assistance for Needy Families (TANF)	Program provides states and territories with flexibility in operating programs designed to help low-income families with children achieve economic self- sufficiency. States use TANF to fund monthly cash assistance payments to low- income families with children, as well as a wide range of services.	Government agencies, nonprofit organizations	Low-income individuals and families with children	Contact information for state TANF programs: https://www.acf.hhs.gov/ofa/map/about/help-families Using TANF funding to provide housing assistance during the COVID-19 pandemic: https://www.acf.hhs.gov/opre/report/using-tanf-funding-provide-housing-assistance-during-covid-19-pandemic
Low Income Household Water Assistance Program (LIHWAP)	LIHWAP provides funds to assist low-income households with water and wastewater bills. LIHWAP grants are available to States, the District of Columbia, the Commonwealth of Puerto Rico, U.S. Territories,	Government agencies, nonprofit organizations	Low-income individuals and families with overdue water bills	LIHWAP information: https://www.acf.hhs.go v/ocs/map/lihwap-map- state-and-territory- contact-listing LIHWAP Data Dashboard: https://lihwap-hhs- acf.opendata.arcgis.com /

Low Income Home Energy Assistance Program (LIHEAP)	and Federally and state- recognized Indian Tribes and tribal organizations that received fiscal year 2021 Low Income Home Energy Assistance Program (LIHEAP) grants. The Low-Income Home Energy Assistance Program (LIHEAP) helps keep families safe and healthy through initiatives that assist families with energy costs. LIHEAP provides federally funded assistance to reduce the costs associated with home energy bills, energy crises, weatherization, and minor energy-related home repairs.	Government agencies, nonprofit organizations	Low-income individuals and families	LIHEAP Clearinghouse: https://liheapch.acf.hhs. gov/snapshots.htm
Community Services Block Grant (CSBG)	The Community Services Block Grant (CSBG) provides funds to alleviate the causes and conditions of poverty in communities.	Government agencies, nonprofit organizations	Low-income individuals including the homeless, migrants, and the elderly	CSBG Fact Sheet: https://www.acf.hhs.go v/ocs/fact-sheet/csbg- fact-sheet CSBG Map and State and Territory Grantee Contact Information: https://www.acf.hhs.go v/ocs/map/csbg-map-

				state-and-territory- grantee-contact- information
				CSBG-funded Community Action
				Agencies (CAAs) in your
				area: https://www.acf.hhs.go
				v/ocs/programs/commu
				nity-services-block-
				grant-csbg
American	The American	Government	Children,	Information on how to
Rescue Plan	Rescue Plan (ARP) Act	agencies	families, and communities	access benefits available through ARP:
	(P.L.117-2)		Communicies	https://www.whitehous
	provides critical			e.gov/american-rescue-
	and unprecedented			plan/
	support to			Information on ACF-ARP
	children, families, and communities			funded programs: https://www.acf.hhs.go
	in response to			v/american-rescue-plan
	the COVID-19 pandemic and			
	resulting			
	economic			
	downturn, which have been			
	exacerbated by			
	historic racial injustices. ARP			
	endowed ACF			
	with \$48.7 billion			
	in supplemental funding to meet			
	the needs of			
	children, families, and			
	communities.			

Kinship and Family Support				
Resource	Summary	Target Audience	Target Population	Link
Kinship Navigator Programs	Kinship navigator programs are services that assist kinship caregivers in learning about and accessing programs and resources to meet the needs of the children they are raising. Common services include information and referral, support groups, counseling, and legal services.	Government agencies, nonprofit organizations	Kin caregivers	List of Kinship Navigator Programs and Contact Information: https://www.childwelfa re.gov/organizations/?C WIGFunctionsaction=rol s:main.dspList&rolType= Custom&RS ID=148
Grandfamilies and Kinship Support Network	This national technical assistance center for kinship families offers a way for government agencies and nonprofit organizations to collaborate across jurisdictional and systemic boundaries to improve how families are served and supported.	Government agencies, nonprofit organizations	Kinship families - Families where a relative of a child provides for the care and custody of the child due to a serious family hardship.	Information about The Grandfamilies & Kinship Support Network: https://www.gu.org/app/uploads/2022/03/GUNTAC TwoPager FINAL.pdf
Indian Child Welfare Act	Enacted in 1978, the Indian Child Welfare Act (ICWA) was created to	Government agencies, nonprofit organizations, families	American Indian and Alaska Native children and families	Information about the Indian Child Welfare Act: https://www.bia.gov/bia/ois/dhs/icwa

	protect the best interest of Indian Children and to promote the stability and security of Indian tribes and families by the establishment of minimum Federal standards for the removal of Indian children and placement of such children in homes, which will reflect the unique values of Indian culture.			
Assi	stance and Bene	efits for Families	who Experienc	ed a Death
Resource	Summary	Target Audience	Target Population	Link
COVID-19 Funeral Assistance	The Federal Emergency Management Agency (FEMA) provides COVID- 19 funeral assistance to cover up to \$9,000 per funeral for expenses for eligible individuals. FEMA representatives take applications by phone, and multilingual services are available. COVID- 19 Funeral Assistance applications must be completed	Families who have experienced a loss due to COVID-19	Families who have experienced a loss due to COVID-19	Information about FEMA COVID-19 Funeral Assistance: https://www.fema.gov/ disaster/coronavirus/ec onomic/funeral- assistance

Social Security Survivor Benefits	with a FEMA representative; you cannot apply online. Social Security survivor benefits are paid to family members of eligible workers. Family members, including a spouse, children, and dependent parents may receive survivor benefits when a family member dies.	Families who have experienced a loss	Widows, widowers, and dependents of eligible workers	Information about Social Security survivor benefits: https://www.ssa.gov/be nefits/survivors/
	Behavioral H	ealth, Trauma, R	esilience and G	rief
Resource	Summary	Target Audience	Target Population	Link
Traumatic Grief Resources	The National Child Traumatic Stress Network has several resources for supporting children who have Childhood Traumatic Grief. Resources are offered in multiple languages and include tip sheets, briefs, podcasts, and training curriculum.	Professionals working with children and youth; youth	Children, youth, and those supporting children and youth, including parents and relatives	National Child Traumatic Stress Network Resources on traumatic grief: https://www.nctsn.org/ what-is-child- trauma/trauma- types/traumatic- grief/nctsn-resources
Trauma and Resilience in Young Children and Families	The Head Start Early Childhood Learning and Knowledge Center (ECLKC) has several	Head Start and Early Head Start professionals	Young children and families who have experienced trauma	Brief on Adverse Childhood Experiences: https://eclkc.ohs.acf.hhs .gov/publication/trauma -adverse-childhood- experiences-aces

	resources about			
	the impact of			Head Start Heals:
	trauma and			Podcast Series:
	provides			https://eclkc.ohs.acf.hhs
	information			.gov/mental-
	about adverse			health/article/head-
	childhood			start-heals-podcast-
	experiences			series
	(ACEs)			<u>361163</u>
	(ACES)			
	Head Start Heals			
	campaign			
	increases			
	awareness about			
	how Head Start			
	and Early Head			
	Start programs			
	are uniquely			
	qualified to			
	address trauma			
	and promote			
	resilience in			
	young children			
	and families.			
Behavioral	SAMHSA has a	Professionals	People who are	Behavioral Health
Health	Behavioral	working with	seeking mental	Treatment Services
Treatment	Health	children and	health and/or	Locator:
	Treatment	families;	substance use	https://findtreatment.sa
	Services Locator,	children, youth,	treatment	mhsa.gov/
	a confidential	parents	services	
	and anonymous			
	source of			
	source of			
	source of information for			
	source of			
	source of information for persons seeking			
	source of information for persons seeking treatment			
	source of information for persons seeking treatment facilities in the			
	source of information for persons seeking treatment facilities in the United States or			
	source of information for persons seeking treatment facilities in the United States or U.S. Territories			
	source of information for persons seeking treatment facilities in the United States or U.S. Territories for substance			
	source of information for persons seeking treatment facilities in the United States or U.S. Territories for substance use/addiction			
Treatment	source of information for persons seeking treatment facilities in the United States or U.S. Territories for substance use/addiction and/or mental	Professionals	Individuals or	SAMHSA's National
Treatment Referral	source of information for persons seeking treatment facilities in the United States or U.S. Territories for substance use/addiction and/or mental health problems.	Professionals working with	Individuals or families seeking	SAMHSA's National Helpline:
	source of information for persons seeking treatment facilities in the United States or U.S. Territories for substance use/addiction and/or mental health problems.			
Referral	source of information for persons seeking treatment facilities in the United States or U.S. Territories for substance use/addiction and/or mental health problems. SAMHSA provides free,	working with	families seeking	Helpline:
Referral	source of information for persons seeking treatment facilities in the United States or U.S. Territories for substance use/addiction and/or mental health problems. SAMHSA provides free, confidential,	working with children and	families seeking mental health or	Helpline: https://www.samhsa.go
Referral	source of information for persons seeking treatment facilities in the United States or U.S. Territories for substance use/addiction and/or mental health problems. SAMHSA provides free, confidential, 24/7, 365-day-a-	working with children and families;	families seeking mental health or treatment	Helpline: https://www.samhsa.go v/find-help/national-

	:f			C-II. 000 CC2 UEL2
	information			Call: 800-662-HELP
	service (in			(4357)
	English and			TTYE: 800-487-4889
	Spanish) for			
	individuals and			Visit the <u>online</u>
	families facing			treatment locator
	mental and/or			
	substance use			Send zip code via text
	disorders.			message: <u>435748</u> (HELP
				4U)
Trauma-	Webinar on	Professionals	Parents and	The webinar recording
Informed Care	trauma-informed	working with	families	can be accessed at:
featuring	care, an	children and		https://eclkc.ohs.acf.hhs
examples from	organizational	families,		.gov/video/understandi
American	framework that	including Head		ng-trauma-informed-
Indian and	involves	Start staff;		care-build-parent-
Alaska Native	understanding,	children, youth,		resilience
Communities	recognizing, and	parents		resilience
Communices	responding to	parents		
	the effects of			
	trauma. The			
	webinar			
	highlights			
	examples from			
	American Indian			
	and Alaska			
	Native (AIAN)			
	communities to			
	discuss trauma			
	and trauma-			
	informed care			
	and explores			
	what it means for			
	building parent			
	and family			
	resilience.			
Mental Health	The National	Child Welfare	Children who	Information on the
Needs of	Adoption	and Mental	are experiencing	National Adoption
Children	Competency	Health	foster care,	Competency Mental
Experiencing	Mental Health	Professionals	adoption, or	Health Training
Foster Care,	Training Initiative		guardianship	Initiative:
Adoption, or	(NTI), provides		934. 5.4. 10111p	https://adoptionsupport
Guardianship	web-based			.org/nti/access/access-
Jaar didiisilip	training for child			for-individuals/
	welfare			101 marviadas/
	professionals and			
	mental health			
	professionals to			

	anhansa thair			<u> </u>
	enhance their			
	ability to			
	understand and			
	address the			
	mental health			
	needs of children			
	experiencing			
	foster care,			
	adoption, or			
	guardianship,			
	including the			
	impact of			
	separation from			
	birth families and			
	loss associated			
	with rejection,			
	abandonment,			
	-			
	multiple			
	placements and			
	broken			
	attachments.			_
Infant and	The	Infant and	Families with	Information on Trauma-
Toddler	Infant/Toddler	toddler child care	young children	Responsive Care
Trauma-	Specialist	providers and TA	who have	Training for Trainers
Responsive	Network (ITSN),	providers	experienced	Opportunity:
Care	part of the Office		trauma	https://childcareta.acf.h
	of Child Care's			hs.gov/infant-toddler-
	State Capacity			resource-guide/trauma-
	Building technical			responsive-care-
	assistance (TA)			training-trainers-
	Center, has			opportunity
	developed a			<u>opportunity</u>
	module within			
	the Trauma			
	Responsive-Care			
	•			
	Training for Trainers that is			
	designed to assist			
	infant/toddler			
	providers and TA			
	providers to			
	support families			
	who have			
	experienced			
	trauma, including			
1			i	Ì
	grief and loss.			
	grief and loss. This training is			

	English and			
Traumatic	Spanish.	Child comits	Children and	Docourees on helping
Experiences	This webpage compiles	Child-serving professionals	Children and youth who have	Resources on helping children address past
Experiences	resources for	professionals	experienced	trauma:
	professionals to		trauma	https://www.childwelfa
	recognize and		trauma	re.gov/topics/adoption/
	help children and			preplacement/helping/
	youth address			preplacement/ neiping/
	past trauma.			
Secondary	This fact sheet	Child-serving	Child-serving	Resources on Secondary
Traumatic	offers child-	professionals	professional	Traumatic Stress:
Stress	serving	proressionals	who are	https://www.nctsn.org/
	professionals		working with	resources/secondary-
	information		children who	traumatic-stress-fact-
	about secondary		have	sheet-child-serving-
	traumatic stress		experienced	professionals
	(STS). It describes		trauma	
	how individuals			
	experience STS,			
	who is at risk,			
	how to identify			
	STS, strategies			
	for prevention			
	and intervention,			
	and essential			
	elements to			
	address STS.			
Adverse	The Centers for	Professionals	Children, youth,	Preventing Adverse
Childhood	Disease Control	working with	families,	Childhood Experiences
Experiences	and Prevention	children, youth,	communities	(ACEs): Leveraging the
(ACEs)	(CDC) provides	and families;		Best Available Evidence:
	several resources	communities		https://www.cdc.gov/vi
	on preventing	seeking		olenceprevention/pdf/p
	ACEs, responding	resources to		reventingACES.pdf
	to ACEs in	build resilience		Fort Charter Advance
	trauma-informed	and prevent		Fact Sheet on Adverse
	ways, and	adversity		Childhood Experiences:
	protective and risk factors for			https://www.cdc.gov/vi
				olenceprevention/aces/f
	ACEs.			astfact.html
				Information about
				Protective Factors:
				https://www.cdc.gov/vi
				olenceprevention/aces/
				<u>riskprotectivefactors.ht</u>

				ml#anchor 1609868131
				<u>796</u>
988 Suicide and Crisis Lifeline	988 offers 24/7 access to trained crisis counselors who can help people experiencing mental health- related distress, including thoughts of suicide, mental health or substance use crisis, or other emotional distress. People can call or text for themselves or if they are worried about a loved one who may need crisis support.	States, territories, tribes, mental health and substance use disorder professionals	Individuals who are struggling or in crisis or worried about someone who may need crisis support	Call or text 988 or chat https://988lifeline.org/
Disaster Distress Hotline	The Disaster Distress Helpline is a 24/7, 365 day-a-year hotline for immediate crisis counseling. Staff members provide counseling and support before, during, and after disasters and refer people to local disaster- related resources for follow-up care and support. This multilingual and confidential crisis support service is available to all	Professionals working with children and families; children, youth, parents	People who are experiencing emotional distress related to any natural or human-caused disaster.	Call or text <u>1-800-985-</u> <u>5990</u>

	rocidents in the			
	residents in the			
	United States			
	and its			
	territories.			
	1	Head Start Ser	vices	T
Resource	Summary	Target Audience	Target Population	Link
Head Start	Head Start	Families with	Families with	Head Start Locator Tool
Eligibility	provides early	young children	young children	is a tool for finding local
	learning and	and professionals		programs:
	comprehensive	working with		https://eclkc.ohs.acf.hhs
	services to	families with		.gov/center-locator
	support the	young children		
	cognitive, social,			Information
	emotional, and			Memorandum on Head
	mental health of			Start and Early Head
	the most			Start Eligibility for
	vulnerable young			Children in Kinship Care:
	children and			https://eclkc.ohs.acf.hhs
	their families.			.gov/policy/im/acf-im-
	Individuals and			<u>hs-19-03</u>
	organizations			
	supporting			
	children who			
	have lost a			
	parent or			
	caregiver could			
	explore whether			
	the children are			
	eligible through			
	existing Head			
	Start eligibility			
	criteria.			
	The ACF-Office of			
	Head Start's			
	Information			
	Memorandum on			
	Head Start and			
	Early Head Start			
	Eligibility for			
	Children in			
	Kinship Care			
	provides a useful			
	resource for			
	considering			
	potential			

	program			
	eligibility.			
	Children are			
	income eligible			
	for Head Start if			
	family income is			
	at or below the			
	federal poverty			
	guideline and			
	programs have			
	limited flexibility			
	to enroll families			
	over this income			
	threshold.			
	Children are			
	categorically			
	eligible if they			
	-			
	receive public			
	assistance (TANF,			
	SSI, SNAP); are in			
	foster care; or			
	are experiencing			
C: (())	homelessness.			
Staff Wellness	The Office of	Head Start	Head Start	Information
in the Head	Head Start issued	Professionals	Professionals	Memorandum:
Start Workforce	an Information			https://eclkc.ohs.acf.hhs
	Memorandum to			.gov/policy/im/acf-im-
	all Head Start			<u>hs-21-05</u>
	and Early Head			
	Start grant			Resources for staff
	recipients on			wellness developed
	supporting staff			by the National Center
	wellness, which			on Health, Behavioral
	is integral to			Health, and Safety
	serving children			(NCHBHS):
	who have			https://eclkc.ohs.acf.hhs
	experienced			.gov/about-
	trauma.			us/article/national-
				center-health-
				behavioral-health-
				safety-nchbhs

Children with Disabilities				
Resource	Summary	Target Audience	Target Population	Link
Supporting Families and Caregivers of Children and Youth with Disabilities	The Child Welfare Information Gateway has a resource page for families and caregivers raising children with disabilities to help in accessing needed services. The resource highlights state and local examples.	Professionals working with families who have children with disabilities	Families and caregivers raising children with disabilities	Resources for families and caregivers raising children with disabilities, including state and local examples: https://www.childwelfare.gov/topics/systemwide/service-array/services-disabilities/youth/grandparents/
Relationship- Based Practices: Talking with Families About Developmental Concerns	This training module provides information about raising a concern with a parent about their child's development and how to engage parents in a collaborative process of observing their child together.	Early Child Care Providers	Children and families with Developmental Concerns	The training module and course summary can be found at: https://eclkc.ohs.acf.hhs .gov/family- engagement/learning- module/relationship- based-practices-talking- families-about- developmental- concerns
Transition to Kindergarten: Partnering with Families and Schools	This simulation engages the viewer in practice of the Strengths-Based Attitudes (SBAs) and Relationship-Based Practices (RBPs) as applied to relationship-building between a Head Start Coordinator and a receiving public school Special	Head Start staff and public-school Special Education staff	Children who have been receiving special developmental services and will have an individualized education plan (IEP) in their new public school	The training module and course summary can be found at: https://eclkc.ohs.acf.hhs .gov/family- engagement/learning- module/transition- kindergarten- partnering-families- schools

	Education Team			
	Leader.			
	Parent, \	Youth and Famil	y Engagement	T
Resource	Summary	Target Audience	Target Population	Link
Engaging People with Lived Experience	Youth, parents, and kinship caregivers who have experienced parent or caregiver loss should be engaged in ongoing consultation and program development, implementation, and evaluation to ensure that services are responsive to their needs. This report features methods and emerging strategies to engage people with lived experience.	Government agencies, nonprofit organizations	Children, youth, and families with lived experience	Brief on Methods and Emerging Strategies to Engage People with Lived Experience: https://aspe.hhs.gov/sites/default/files/documents/47f62cae96710d1fa13b0f590f2d1b03/lived-experience-brief.pdf
Building Partnerships with Families Series	This series features resources to learn strategies to strengthen relationships with families, including preparing for challenging conversations with families, understanding families' cultural perspectives, and partnering with families of	Head Start and Early Head Start staff and other professionals working with children and families	Parents and families	The series of resources can be accessed at: https://eclkc.ohs.acf.hhs .gov/family- engagement/article/buil ding-partnerships- families-series

	children who are dual language learners.			
Strategies to	This resource	Professionals	Parents and	https://eclkc.ohs.acf.hhs
Support and	explores the	working with	families	.gov/family-
Engage Families	benefits of	children and		engagement/strategies-
Virtually	engaging families	families		support-engage-
	virtually; five			<u>families-</u>
	evidence-based			virtually/strategies-
	strategies for			support-engage-
	virtual family			<u>families-virtually</u>
	engagement; and			
	planning for			
	virtual family			
	engagement			

^{*}Please note, this list represents a range of supports for children, youth, and families who have been impacted by parent and caregiver loss. It is not intended to be comprehensive of all potential supports, benefits, and resources that could benefit this population. We are committed to growing this list as additional information is developed.

As our country works to address the impacts of the COVID-19 pandemic, as well as the devastation of the overdose crisis, rising suicide rates, and the epidemic of gun violence, we must work together to ensure that children and families who have experienced loss from these crises are not alone in regaining stability and well-being. ACF remains committed to the well-being of children, youth, and families, especially those who have experienced parent and caregiver loss.

/s/ January Contreras Assistant Secretary

Appendix

Actions to Address Needs of Families Affected by Parent and Caregiver Loss

Addressing Mental Health and Social-Emotional Needs

- The U.S. Department of Health and Human Services is implementing the <u>HHS Roadmap</u> for Behavioral Health Integration to advance the President's Strategy to Address our Mental Health Crisis. The Roadmap details policy solutions to better integrate mental health and substance use care into the health care, social service, and early childhood systems to ensure all people have equitable access to evidence-based, culturally appropriate, person-centered care.
- ACF, the Substance Abuse and Mental Health Services Administration (SAMHSA),
 Centers for Medicare and Medicaid Services (CMS), Health Resources and Services
 Administration (HRSA), the Centers for Disease Control and Prevention (CDC), and the
 Administration for Community Living (ACL) issued a joint <u>Dear Colleague letter on</u>
 <u>supporting the mental health needs of children</u>, on May 25, 2022, which encouraged
 states, tribes, and jurisdictions to maximize efforts to support children's mental health
 and well-being. The letter outlines HHS' plans to support and facilitate coordination
 across federal funding streams to advance and expand mental health services for
 children.
- ACF and the U.S. Department of Education issued a <u>Dear Colleague Letter</u> in June 2022 that included four recommendations and action steps for early childhood systems and programs to work collaboratively to ensure that young children and their caregivers have access to high-quality resources that equitably support social-emotional development and mental health.

Supporting Kinship Families and Relative Caregiving

- In August 2019, ACL launched the RAISE Family Caregiving Advisory Council and the Advisory Council to Supporting Grandparents Raising Grandchildren. Both Councils have developed recommendations for improving support to family caregivers in reports to Congress. The National Family Caregiving Strategy was released in September 2022. The Strategy includes strategies to specifically support children and caregivers who have experienced parent and caregiver loss due to COVID-19, overdose, and other traumatic events. Learn more about the program by visiting National Family Caregiver Support Program.
- During emergency circumstances, including natural disasters or pandemics, challenges
 are amplified for kinship families and grandfamilies. Recognizing this, the Advisory
 Council to Support Grandparents Raising Grandchildren developed a <u>COVID-19/Emergency Preparedness Resource Guide</u>. ACF has supported states, territories, and
 11 tribes in the development, expansion, and evaluation of kinship navigator programs
 through the title IV-B, subpart 2 formula grants. ACF provides technical assistance to

- promote kinship family support services and peer-to-peer connection and collaboration among kinship navigator program leaders.
- The Family First Prevention Services Act created a new federal <u>Kinship Navigator Program</u> under title IV-E of the Social Security Act. Title IV-E agencies can claim 50% reimbursement for eligible evidence-based kinship navigator programs. To date, the <u>Ohio Kinship Supports Intervention</u> and the <u>Arizona Kinship Support Services</u> have been identified as meeting the Title IV-E Prevention Services Clearinghouse evidence-based criteria.

Preventing Overdose and Supporting Recovery

 In October 2021, HHS launched the <u>Overdose Prevention Strategy</u> which promotes research and evidence-informed methods to improve the health and safety of our communities. The strategy is guided by four principles – equity; data and evidence; coordination, collaboration, integration; and reducing stigma – and includes four priorities – primary prevention; harm reduction; evidence-based treatment; and recovery support.

Strengthening Economic Supports

- ACF published a <u>report</u> on how to use TANF funding to provide housing assistance during the COVID-19 pandemic. The report describes housing-related challenges that families faced during the pandemic, both nationally and in four communities. The policy insights and lessons learned shared in this report can offer jurisdictions key insights as they look to more comprehensively support families who are facing financial instability due to parent or caregiver loss.
- The American Rescue Plan (ARP), one of the largest stimulus packages in U.S. history, provided over \$48.7 billion to several ACF programs. ARP funds ACF programs related to child welfare, energy/utility assistance, family violence/sexual assault, Head Start, Native languages, rental assistance, and child care, all of which are important resources for recovering and grieving families.