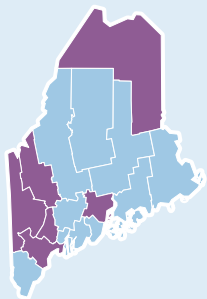


# How to Enroll in Your Local Diaper Distribution Pilot Program



→ **Maine Community Action Partnership (MeCAP)**  
Serving Maine

■ = counties served by MeCAP



This map shows counties served by MeCAP, for a complete list of locations and tribal areas, please see below

## How can MeCAP help my family?

- Families can receive diapers every month.
- Once enrolled in the diaper program pilot, you can also receive help with home visitation, LIHEAP, weatherization, Early Head Start and Head Start, employment services, and WIC.

MeCAP serves Franklin County, Androscoggin County, Oxford County, Aroostook County, Lakes Region (Windham, Gorham, Standish, Bridgton, Harrison, Naples, Sebago, Limington, Raymond, Gray, and Cumberland County), Mi'kmaq Nation, Houlton Band of Maliseet, Passamaquoddy at Motahkomikuk, Passamaquoddy at Sipayik, Penobscot Nation, Waldo County.

## How do I get diapers?

You may be eligible if your family income is at or below 200% of the federal poverty level (FPL), or you qualify for Maine Care.

### • Healthy Community Coalition

- Serving Greater Franklin County.
- Call **207-779-3136** to enroll and arrange a time to pick up diapers at the Maine Health Food Pantry.

### • Western CAP

- Serving the western mountain region of Maine.
- Enroll over the phone at **(207) 645-3764** or visit the **main office** (20 Church St, East Wilton) from Mondays through Fridays from 8:00 a.m. to 4:30 p.m.
- Diapers can be picked up on a monthly basis at WIC locations, Head Start programs, and the main office.

### • Aroostook CAP

- Serving Aroostook County.
- Currently not accepting new families. Check <https://acap-me.org/programs/earlycareeducation/> to see when more diapers are available.
- Wednesday and Friday pickups at agency locations in Houlton, Presque Isle, and Madawaska.

### • The Opportunity Alliance

- Serving the Lakes Region and Cumberland County.
- Currently not accepting new families. To check availability, contact WIC, Together We Work, or Children's Behavioral Health Home.
- Distributions twice per month at the Windham WIC office. A text is sent out to alert enrolled clients that diapers are available.

### • Wabanaki Public Health & Wellness

- Currently not accepting new families. To check for availability, contact Madalyn Dana, Home Visiting Coordinator, at **207-299-6378**.
- Diapers are distributed to all five tribal communities during the last week of the month, alongside the Wabanaki Mobile Food Pantry Delivery. Serving 20 families from each tribal community with 150 diapers and two packages of wipes per month.

### • Waldo CAP

- Serving Waldo County.
- Contact Ryan Jackson at **207-930-3107** to enroll.
- Diapers are distributed at three sites in Belfast monthly.



**OCS**  
Office of Community Services



**For more information** about the Diaper Distribution Pilot or the Office of Community Services' other anti-poverty programs, visit the OCS website:

<https://www.acf.hhs.gov/ocs/programs/dddrp>