

Find Services for Fathers and Families

Support for Fathers & Families



Fatherhood

- [Fatherhood Information](#): Access educational resources and tips to help dads be their best
- [Fatherhood Programs](#): Look for local programs to learn parenting skills and make connections with other dads in your community



Child Support Services

- [Local Child Support Resources](#): Apply for child support or get help with your case
- [Changing a Child Support Order](#): Learn how to ask to have your child support order changed because of a change in your financial situation
- [Debt Compromise](#): See if your state has debt compromise options for child support arrears to be partially or completely forgiven
- [Parenting Visitation](#): Look for programs to help with access to and time with your children



Health Insurance + Medical Services

- [Medicaid](#): Learn about Medicaid and if you're eligible based on your household income, family size, age, disability, or other factors
- [Children's Health Insurance Program \(CHIP\)](#): Take a quick screening about eligibility for CHIP or other health insurance options for low-income children under 18 years old



Mental Health

- [Behavioral Health Information for Parents and Caregivers](#): Learn about mental health and substance use disorders
- [Substance Abuse and Mental Health Programs](#): Get help with mental health and substance use challenges for you or your family



Higher Education

- [Title IV Federal Student Financial Aid \(FAFSA\)](#): Look for grants, loans, and work-study programs to help pay for education



Employment

- [Child Support Employment Programs](#): Find out if your state has training and employment services to help noncustodial parents find stable employment
- [Responsible Fatherhood Programs](#): See if there is a fatherhood program near you with connections to employment and economic stability opportunities



Housing

- [Public Housing Program](#): Find information about affordable housing for eligible low-income families and individuals
- [Housing Choice Voucher Program](#): Learn about the housing voucher program to help low-income families and individuals pay rent



Nutrition

- [Supplemental Nutrition Assistance Program \(SNAP\)](#): See if you qualify for aid so that you can purchase healthy food for yourself and your family

Learn More

To learn about other support you may be eligible for and how to apply in your area, visit www.benefits.gov.

The Administration for Children and Families (ACF) is committed to supporting the economic and social well-being of children and families. ACF programs aim to empower families, support the development of children, and encourage strong, healthy communities.

Fatherhood Questions/Concerns?



1-877-4DAD411



Help@FatherhoodGov.Info