Grantee: Choctaw Nation of Oklahoma

Program Title: The Choctaw Nation Tribal Maternal, Infant and Early Childhood Home Visiting Program–Project Chahta Inchukka

Model Selected: Parents as Teachers (PAT)

Program Period: Cohort 1 (September 30, 2010 to September 29, 2016)

Key Program Staff:

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Program Goals

The goal of the Project Chahta Inchukka is to support the development of healthy, happy, successful Choctaw/Native American children and families through a coordinated, high-quality, evidence-based home visiting strategy that will assist in expanding the evidence base for home visiting programs for Native populations.

Community Context

State: Oklahoma

Rural or Urban Reservation or Non-Reservation: Rural Non-Reservation/ Oklahoma Tribal Jurisdiction Area (TJA)

Description of Service Area: The Choctaw Nation TJA spans more than 11,784 square miles of rugged hills and valleys, an area larger than Delaware, Massachusetts, Rhode Island, and the District of Columbia combined. The Choctaw Nation is bordered by Arkansas to the east and Texas to the south. The Choctaw service area has no major metropolitan city; the nearest city is over a 3-hour drive outside the area. This grant serves five of the 10 ½ counties within the TJA: Atoka, Haskell, Latimer, McCurtain, and Pushmataha.

Births Per Year: There are 3,256 births per year within the Choctaw Nation service area.

Children ages Birth to Five in Target Community: 16,635 children, age birth to 5 years, live within the 10 ½ county service area of the Choctaw Nation.

Unique Characteristics of Target Community: Oklahoma has the largest population of American Indians. The Choctaw Nation serves the second largest tribal area in the lower 48 states. However, the Choctaw Nation serves over twice as many American Indians. The Choctaw Nation is an integrated tribe, meaning it is not reservation-based. The Choctaw Nation offers many services in its communities. However due to the large geographic area, tribal members...
may need to drive several hours to utilize these services. The overall economy of the Choctaw Nation TJA leaves many of the families facing challenges finding jobs due to a lack of education and the scarcity of employers.

### Key Community Partners
- Choctaw Nation (CN)
  - Head Start
  - Project Empower
  - CN Education Department
  - CN Youth Outreach Services
  - Elderly Advocacy
  - CHIPRA
  - SPPT
  - CN Project Youth
  - CN Family Services
  - CN Health Service Authority
  - CN Tribal Research Department
  - Oklahoma State Health Department
  - CN Hokli Nittak
- Vocational Rehabilitation Program
- CN Child Care Assistance
- CN Behavioral Health
- Domestic Violence Services
- Community Health Representatives
- McCurtain Memorial Hospital
- CN Career Development
- Community Based Social Work
- Faith Based Counseling
- Indian Child Welfare
- CN Adult Education
- CN Women, Infants, and Children
- McAlester Regional Health Center

### Primary Risk Factors in Target Community
The primary risk factors of the target community include very limited economic opportunities, poverty, unemployment and underemployment, poor adult literacy, high rates of low birth weight and premature birth, high percentage of school dropouts, high rates of teen pregnancy, alcohol or substance abuse, delinquency, child maltreatment, and domestic violence.

### Program Delivery Context

<table>
<thead>
<tr>
<th>Implementing Agency</th>
<th>The Choctaw Nation of Oklahoma</th>
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<tr>
<td>Organization Type</td>
<td>The Choctaw Nation of Oklahoma is a federally recognized tribe.</td>
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<td>Target Population</td>
<td>The target population of Project Chahta Inchukka includes American Indian families with children birth through 12 months of age. These children are from high-risk families who delivered their infant through or received pediatric health care from the Choctaw Nation Health Care (CNHC) system. These children also participated in at least 12 (or 50 percent) of the available home visiting program activities between birth and 12 months of age.</td>
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<tr>
<td>Target and Actual Numbers Served</td>
<td>The target number of families to be served is 68. Project Chahta Inchukka is currently serving 67 families.</td>
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Home Visiting Model Selected

Project Chahta Inchukka selected the Parents as Teachers (PAT) model.

Key Model Adaptations or Enhancements

Project Chahta Inchukka will utilize the PAT curriculum as its cornerstone. In addition, the Positive Indian Parenting (PIP) program was selected to provide a strong cultural supplement that will be offered to all clients during the PAT-mandated monthly Group Connections.

Project Chahta Inchukka will implement the PIP curriculum to provide the cultural components to speak to the traditions of the Native families. This will be presented primarily in Group Connections meetings in which PIP will discuss strengths of traditional American Indian parenting ways.

Description of Early Childhood System

The Choctaw Nation has many existing early childhood programs that are culturally sensitive and dedicated to offering support and resources to American Indian families and their children. These programs are backed by the community as well as the Tribal Council.

The Choctaw Nation Head Start program is directed primarily toward economically disadvantaged families with children 3 to 5 years of age. Head Start uses 5 major component areas to serve the needs of the children enrolled as well as their families: (1) education/literacy, (2) health, (3) parent involvement, (4) family services, and (5) nutrition.

The Choctaw Nation Head Start program helps children prepare for their formal years of schooling. Child Development Centers are located in Bennington, Stigler, Idabel, Durant, and Coalgate. These centers house a Head Start program and child care.

The Choctaw Nation Childcare Assistance program helps increase the availability, affordability, and quality of child care services. The Nation permits parents to choose from a broad range of child care providers and assists with child care costs. Additional early childhood programs include the Special Supplemental Nutrition Program for Women, Infants, & Children, and the Children and Family Services.

The Choctaw Nation has partnered with the Administration for Children and Families as one of four tribes to participate in the Tribal Early Learning Initiative, a new initiative to improve the coordination of early learning and development programs. The Choctaw Nation will concentrate efforts with these supplemental funds to improve collaboration across Head Start, Child Care Assistance, and Tribal Maternal, Infant and Early Childhood Home Visitation programs.

Evaluation Approach

Evaluation Question

Does Project Chahta Inchukka positively impact early childhood development/wellness outcomes for American Indian children from high-risk families as compared to the outcomes from similar high needs families who did not participate in Project Chahta Inchukka?
Evaluation Design

Project Chahta Inchukka will be using a quasi-experimental comparison group design to examine parent knowledge of child development, child development outcomes, and immunization rates. The comparison group will be recruited from a tribal prenatal and postnatal clinic and from other locations the community. The evaluation will ensure baseline equivalence of the treatment and comparison group in the following areas: income, index child is the oldest child in the family, a history of child abuse or neglect or have interactions with child welfare services, and users of tobacco products in the home.

The Chahta Inchukka program is utilizing the same evaluation design as Choctaw Nation’s Chahta Villa Apela home visiting program. Since the two programs utilize the same home visiting model and have the same goals, combining evaluation efforts across the two programs allowed for a larger sample and an opportunity to tell a more complete story of Choctaw Nation’s efforts to improve development and health outcomes.

Key Federal and Technical Assistance (TA) Staff

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