

Grantee:	Kodiak Area Native Association
Program Title:	<i>The Cama'i Home Visiting Program</i>
Model Selected:	<i>Parents as Teachers (PAT)</i>
Program Period:	<i>Cohort 1 (September 30, 2010 to September 29, 2016)</i>

Key Program Staff:

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Program Goals

The goals of the Cama'i Tribal Home Visiting Program are to increase positive parenting practices and reduce incidences of child neglect and abuse.

Community Context

State	Alaska
Rural or Urban Reservation or Non-Reservation	Rural (Frontier) Non-Reservation
Description of Service Area	The Kodiak Area Native Association (KANA) serves the Koniag Region of Alaska, including Kodiak Island. The federally recognized tribes that live within the Koniag region include the Native Village of Akhiok, the Native Village of Karluk, the Native Village of Larsen Bay, the Village of Old Harbor, the Native Village of Ouzinkie, and the Native Village of Port Lions. The Alutiiq (Russian-Aleuts) represent the predominant tribal culture.
Births Per Year	It is estimated that 29 American Indian and Alaska Native (AI/AN) births occur each year in the service area.
Children ages Birth to Five in Target Community	As of September 2012, approximately 409 children of all races (age birth to 5) live in the target community.
Unique Characteristics of Target Community	Each community served by the Kodiak Area Native Association has factors that limit the ability to supply a full array of services. The primary problem is housing, which limits the ability to recruit and retain staff. Traveling to communities to provide services is difficult because the

	only way of travel to the villages on the island are by boat or plane, and weather often interferes with transportation. In the provision of integrated behavioral health and substance abuse services, there are issues of client apathy, ambivalence to change, and individual stages of the change process.
Key Community Partners	<ul style="list-style-type: none"> • Infant Learning Program • Head Start Kindness Program, Providence Medical Center • Kodiak Archipelago Rural Regional Leadership Forum • Kodiak Island Housing Authority • Kodiak Island Borough School District • St.Mary’s School • Kodiak Island Birthing Network • Kodiak Women’s Resource and Crisis Center • Office of Children’s Services, State of Alaska Thread/Alaska Child Care Resource and Referral Network • Kodiak Job Center • Kodiak Island Counseling Center, Providence Medical Center • Kodiak Ara Native Association Governing Board • Kodiak Child Abuse Task Force • Kodiak Early Childhood Coalition (KECC) • Kodiak Baptist Mission • Kodiak Multidisciplinary Team • Parents as Teachers, Rural Alaska Community Action Program (RurAL CAP)
Primary Risk Factors in Target Community	Community risk factors include lack of access to high quality childcare programs, lack of parent training and resources, lack of indoor play facilities and programs for young children, lack of developmentally appropriate outside play for toddlers and preschoolers, and lack of child abuse prevention strategies across projects.

Program Delivery Context

Implementing Agency	Kodiak Area Native Association
Organization Type	Kodiak Area Native Association is a non-profit corporation providing health and social services for AI/AN people of the Koniag Region.
Target Population	The target population includes prenatal women, expectant fathers, and children ages birth to 5 years.
Target and Actual Numbers Served	The program aims to service a total of 36 families throughout the Koniag region. Currently there are 34 families enrolled.

Home Visiting Model Selected

The Cama’l Home Visiting Program is affiliated with Parents as Teachers (PAT).

Key Model Adaptations or Enhancements



The Cama’i Tribal Home Visiting Program will include elders in group connections (a PAT model component focusing on peer exchange and support) and advisory roles. Cultural enhancements will include traditional parenting skills, storytelling, language, traditional crafts and food, dancing, music, and other activities. The program provides services year round. A lot of the families in the villages live a subsistence lifestyle, but a lot of the mothers and children are at home during the summer months. Group connections are held monthly.

Description of Early Childhood System

The Kodiak Early Childhood Coalition is a group of early childhood educators, organizations, and providers in the community. Coalition meetings are held quarterly to discuss upcoming early childhood events in the community; resources other organizations need; and trainings for parents, early childhood educators, and providers. The Cama’i Tribal Home Visiting Program Coordinator has networked with the local PAT, RurAL CAP, in the City of Kodiak to shadow home visits and provide referral forms. The Cama’i Tribal Home Visiting Program also collaborates with KANA’s early childhood programs, which include the Infant Learning Program, and the Women, Infants and Children (WIC) program.

Evaluation Approach

Evaluation Question

Do primary female guardians, of children ages birth to 5 years, (P) who receive CAMA’I home visitation services (I) demonstrate an increase in positive parenting behaviors and improved parent/child relationship, (O)?

Evaluation Design

At the enrollment visit, eligible female guardians will be offered information about the study and invited to participate. If they agree to participate, they will sign the participation consents and be assigned an enrollment number based on the following chronological scheme: the first participant enrolled will be assigned the number 1, the second will be assigned the number 2, the third assigned 3, and so on. Participants will then be given their individualized schedule showing how long they will be on wait-list status and the date when they will convert to active status. This schedule is dictated by the table below, titled “Block Randomization Plan”. The Block Randomization Plan was developed using an online randomization tool.

Block Randomization Plan:

Participant	Time (O=observation only X=intervention+observation)					
	Enrollment Month	3 months After Enrollment	6 months After Enrollment	9 months After Enrollment	12 months After Enrollment	15 months After Enrollment
1	O	O	X	X	X	X
2	X	X	X	X	X	X
3	O	X	X	X	X	X
4	O	O	O	O	O	X
5	O	O	O	X	X	X
6	O	O	O	O	X	X
7	O	O	X	X	X	X
8	O	O	X	X	X	X
9	O	O	O	O	O	X
10	O	O	O	O	X	X

# of Participants Receiving Intervention	1	2	5	6	8	10
# of Participants Observed without Intervention	9	8	5	4	2	0

- In this randomization table, the O's represent a time when the home visitor will administer the HOME with the participant – there will not be any provision of services. Strict protocols for these visits will be adhered to so that participant results on the HOME are not influenced. The X's in the table represent a time when the home visitor will provide the prescribed Cama'i home visiting services and administer the HOME and HOVRS.
- For example, Participant 1 will be in wait-list status until 6 months from their enrollment date. At 6 months, they will begin receiving Cama'i home visiting services.
- Time intervals will serve as the "control". Participants will not be compared to each other individually; rather every observation at each of the time periods that each participant is in wait-list versus active status will be compared.

Key Federal and Technical Assistance (TA) Staff

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