

Grantee:	South Puget Intertribal Planning Agency
Program Title:	<i>Healthy Families Project</i>
Model Selected:	<i>Parents as Teachers (PAT)</i>
Program Period:	<i>Cohort 1 (September 30, 2010 to September 29, 2016)</i>

Key Program Staff:

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Program Goals

The Healthy Families Project focuses on improving the health and wellbeing of American Indian and Alaska Native (AI/AN) families and children through the development and provision of a comprehensive, culturally appropriate home visiting service delivery program

Community Context

State	Washington
Rural or Urban Reservation or Non-Reservation	Rural Reservation, Rural Non-Reservation, and Urban Non-Reservation
Description of Service Area	The Healthy Families Project will serve six distinct communities located in western Washington. Four of these communities are rural (Chehalis, Nisqually, Shoalwater Bay, and Squaxin Island Tribes) and two are urban (Kitsap and Pierce sites). The service area includes Kitsap, Mason, Grays Harbor, Pacific, Thurston, Lewis, and Pierce Counties.
Births Per Year	Between 2007 and 2009, 700 births occurred in the project's service area.
Children ages Birth to Five in Target Community	600 American Indian/Alaska Native children ages birth to 5 in 2012 (125 <1 year, 475 1-4 years) in the SPIPA service area.
Unique Characteristics of Target Community	The Healthy Families Project provides home visiting services to six communities. Each site will employ at least one home visitor to ensure service continuity.
Key Community Partners	<ul style="list-style-type: none"> • Chehalis Tribal Social Services • Nisqually Tribal Education

	Department <ul style="list-style-type: none"> • TELO K-12 Program • Behavioral Health Department • South Bend School District Head Start/Early Head Start • Choice High School • Nisqually Head Start 	Department and Library <ul style="list-style-type: none"> • Manson County Literacy • Mountain View Women’s Health Clinic • Turning Pointe (Domestic Violence Shelter)
Primary Risk Factors in Target Community	Risk factors include tobacco use during pregnancy, infant mortality, premature births, teen births, substance abuse, domestic violence, high school dropout, unemployment and underemployment.	

Program Delivery Context

Implementing Agency	South Puget Intertribal Planning Agency
Organization Type	The South Puget Intertribal Planning Agency (SPIPA) is a tribally chartered non-profit consortium organization. The consortium includes five Tribes: Chehalis, Nisqually, Shoalwater Bay, Skokomish, and Squaxin Island.
Target Population	The Healthy Families Project focuses on AI/AN families, which may include expectant mothers, teenage parents, and parents of children ages birth to 3.
Target and Actual Numbers Served	As of June 30th, 2015, the Healthy Families Project has conducted 1,659 home visits.

Home Visiting Model Selected

The Healthy Families Project uses the Parents as Teachers (PAT) home visiting model.

Key Model Adaptations or Enhancements

The Healthy Families Project enhanced the PAT model by including the National Indian Child Welfare Association’s (NICWA’s) Positive Indian Parenting (PIP) curriculum and cultural teachings. Home visitors will administer cultural teachings and activities separately from PAT to ensure cultural integrity and model fidelity. Additional enhancements include modifying the program to focus on prevention, and hiring paraprofessionals (home visitors) from within the respective communities.

Description of Early Childhood System

A number of state-level early childhood strategies exist for children ages birth to 5 years. The Department of Health has developed Kids Matter, a statewide partnership to build Washington’s early childhood system. Home visiting programs



and other service strategies administered through Kids Matter promote maternal, infant, and early childhood health, safety, and development, and strong parent-child relationships.

Evaluation Approach

Evaluation Question

Do parents who participate in the Healthy Families Project show increases in the use of traditional Native American parenting practices after successful participation in the program?

Evaluation Design

The evaluation will use a multiple baseline single case design. A small cohort of parents identified as in need of the Healthy Families Project services will be assessed at baseline, during service delivery and after program completion, using repeated measures to establish predictable patterns of behavior.

Key Federal and Technical Assistance (TA) Staff

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