

Grantee:	United Indians of All Tribes Foundation
Program Title:	<i>Ina Maka Home Visiting Program</i>
Model Selected:	<i>Parents as Teachers (PAT)</i>
Program Period:	<i>Cohort 2 (July 1, 2011 to June 30, 2016)</i>

Key Program Staff:

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Program Goals

The Ina Maka Home Visiting Program's goal is to assist families in improving the long-term social and health outcomes for Native children by providing support and an intervention to their parents through a comprehensive home visiting program tailored for and by the American Indian/Alaska Native (AI/AN) community.

Community Context

State	Washington
Rural or Urban Reservation or Non-Reservation	Urban Non-Reservation
Description of Service Area	The Ina Maka Home Visiting Program serves AI/AN families in King County, Washington. King County comprises 2,134 square miles, with an overall population of over 1.9 million people. The county includes the Seattle metro area, the largest population center in the state. It also includes several other communities, a few of which are AI/AN population bases, and multiple universities.
Births Per Year	1,534 AI/AN alone (2012); 867 White and AI/AN (2012)
Children ages Birth to Five in Target Community	The King County AI/AN only or in combination population is 39,117 (2 percent of the overall county population). 8.2 percent (3,208) of this population is 5 years old or younger (1,975 AI/AN in combination; 1,233 AI/AN alone).
Unique Characteristics of Target Community	In King County, the AI/AN-only population is 16,147; the AI/AN in combination with other races population is 22,970. These residents represent 41 tribal groupings, or hundreds of individual tribes, from across the United States and Mexico, and six Alaska Native groups. Currently the King County AI/AN only population represents about 0.8 percent of the overall population and the AI/AN in combination population represents about 1.2 percent of the total King County population.

Key Community Partners	<ul style="list-style-type: none"> • Title 7 Indian Education Program • The North Shore Education Alliance • Cowlitz Tribe Mental Health • Snoqualmie Tribe • Department of Children and Family Services (DCFS) Office of Indian Child Welfare (ICW) • Seattle Indian Health Board (SIHB) • South King County Council of Human Services • Parent Advisory Committees • Seattle Public Schools Huchoosedeh Program • Native American Women’s Dialogue on Infant Mortality (NAWDIM) • Chief Seattle Club • Native American Breastfeeding Coalition • Seattle Indian Center (SIC) • United Way of King County (UWKC)
Primary Risk Factors in Target Community	<p>The primary risk factors for the target community include:</p> <ul style="list-style-type: none"> • historical trauma • poverty • housing and homelessness • substance abuse • domestic violence • mental health

Program Delivery Context

Implementing Agency	The United Indians of All Tribes Foundation
Organization Type	The Ina Maka Home Visiting Program is an urban Indian organization.
Target Population	The Ina Maka Home Visiting Program will serve AI/AN women with young children, infants, or AIAN women expecting a child.
Target and Actual Numbers Served	<p>Target: 60 families</p> <p>Currently serving: approximately 30 families</p>

Home Visiting Model Selected

The Ina Maka Home Visiting Program selected the Parents as Teachers (PAT) model.

Key Model Adaptations or Enhancements

The Ina Maka Home Visiting Program will not adapt the curriculum or PAT program but will offer a culturally enhanced curriculum. Connection to culture is seen as a powerful source of resilience for AI/AN families, so facilitating that connection will be an effective way for home visitors to support families. Cultural enhancements the Ina Maka Home Visiting Program plans to incorporate into home visiting include:

- hiring culturally competent staff who have a strong understanding of AI/AN culture
- incorporating Elders into the program
- using traditional storytelling
- naming ceremonies for interested participants
- integrating traditional foods into nutrition discussions
- referring participants to cultural activities such as powwows and drumming or dancing classes



Description of Early Childhood System

One of the strongest networks (Title 7 Indian Education Program, Parent Advisory Committees, and a coalition hosted by the Seattle Indian Health Board) addresses the achievement gap among students in local schools within the Native community. Activities vary from quarterly culture nights to a parent-driven education alliance. The alliance meets monthly to plan and work with the schools to make sure students are graduating on time and address any challenges such as disciplinary actions or special education referrals.

Although they vary in structure and involvement, eight of the 15 school districts have some form of parent education alliance. The North Shore program serves 251 students, from 87 tribes, in 3 school districts (49 students in Bellevue, 110 students in Lake Washington, and 89 students in North Shore). This alliance has been in the Lake Washington school district since 1975 and is funded at approximately \$200 per student. (North Shore is split between King and Snohomish Counties, so not all of those students are eligible for King County services.)

Evaluation Approach

Evaluation Question

Do urban American Indian parents and caregivers who receive the culturally adapted Ina Maka Family Program (IMFP) home visitation services for 12 months demonstrate greater change in parenting outcomes compared to parents and caregivers who receive the non-adapted IMFP home visitation services? Parenting outcomes include: 1) confidence in parenting skills, 2) program engagement/rates of participation, 3) program retention, and 4) participant satisfaction.

Evaluation Design

Using a randomized comparison-group design, the evaluation compares the parenting outcomes of IMFP participants who receive the IMFP surface and deep structure cultural enhancements with those participants who receive only the surface cultural enhancements.

Random Assignment Design

	Pre-test Baseline At enrollment	Time (12 months)	Post-test At 12-months
Randomization	O ₁	X	O ₂
Randomization	O ₃	usual care	O ₄

Key Federal and Technical Assistance (TA) Staff

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