FYSB Mission
To support the organizations and communities that work every day to put an end to youth homelessness, adolescent pregnancy and domestic violence.

FYSB Vision
A future in which all our nation’s youth, individuals and families—no matter what challenges they may face—can live healthy, productive, violence-free lives.

PURPOSE
Through the Personal Responsibility Education Innovative Strategies Program (PREIS), FYSB supports research and demonstration projects to implement and evaluate innovative strategies for the prevention of adolescent pregnancy, births, and STIs, including HIV/AIDS, among youth ages 10–19. PREIS projects conduct studies of a broad range approaches to teen pregnancy prevention with a focus on interventions that fill gaps with new promising program models.

HISTORY
On March 23, 2010, Title V of the Social Security Act was amended to include PREIS.

PROGRAM DESIGN
PREIS programs serve youth, ages 10-19, who are the most high-risk or vulnerable for pregnancies. This group includes, but is not limited to, youth in or aging out of foster care, homeless youth, pregnant and/or parenting youth who are under 21 years of age, and youth who live in areas with high adolescent birth rates. In addition to educating youth on how to prevent pregnancy, PREIS projects also prepare young people for adulthood by addressing three or more of the subjects below:

- Healthy relationships, including development of positive self-esteem and relationship dynamics, friendships, dating, romantic involvement, marriage and family interactions;
- Positive adolescent development, including promotion of healthy attitudes and values about adolescent growth and development, body image, racial and ethnic diversity, and other related subjects;
- Financial literacy, to support the development of self-sufficiency and independent living skills;
- Parent-child communication skills;
- Education and employment preparation skills; and
- Healthy life skills, such as goal-setting, decision making, negotiation, communication and interpersonal skills, and stress management.

Project models must be medically accurate, age appropriate, and adhere to principles of trauma-informed care. Grantees may also refer youth to pregnancy prevention-related health care services and help enroll eligible youth in public assistance programs, like Medicaid, CHIP, or any other federal or state assistance program for which they may be eligible.
MEASURING EFFECTIVENESS

Every PREIS project conducts their own independent evaluation, supported by Federal training and technical assistance. These rigorous evaluations are designed to meet the HHS Teen Pregnancy Prevention Evidence-Based Standards. PREIS projects are expected to generate lessons learned so that others can benefit from these strategies and innovative approaches. Projects must carefully document the intervention for possible replication by others, conduct process and outcome evaluations, and disseminate findings. Grantees collect and analyze information related to:

- Program Delivery: Fidelity to the program model or adaptation of the program model for the target population;
- Program Dosage: The number of youth served and hours of service delivery; and
- Outcomes: Reported gains in knowledge and intentions and changes in self-reported behaviors of participants.

GRANT AWARD PROCESS

FYSB awards funds on a competitive basis in the form of 5-year cooperative agreements at approximately $9 million annually. The first cohort of PREIS (FY2010–FY2015) consisted of 11 grantees. In FY 2016, FYSB awarded PREIS grants to 13 organizations.