

# Personal Responsibility Education Program Innovative Strategies (PREIS) FACT SHEET



Family and Youth  
Services Bureau



The mission of the Family and Youth Services Bureau (FYSB) is to promote safety, stability and well-being for people who have experienced or been exposed to violence, neglect or trauma. FYSB achieves this by supporting programs that provide shelter, community services and prevention education for youth, adults and families.

## PURPOSE

Through the **Personal Responsibility Education Program Innovative Strategies (PREIS)**, FYSB supports research and demonstration projects that implement innovative strategies for preventing pregnancy among youth ages 10-19 who are homeless, in foster care, live in areas with high teen birth rates, come from racial or ethnic minority groups, or have HIV/AIDS. Projects can also target pregnant women and mothers who are under 21 years old and their partners. PREIS is administered by FYSB in collaboration with the Office of Adolescent Health's Teen Pregnancy Prevention Research and Demonstration Program.

## HISTORY

On March 23, 2010, the President signed into law the Patient Protection and Affordable Care Act. The Act amended Title V of the Social Security Act to include PREIS.

## PROGRAM DESIGN

PREIS projects study a broad range of approaches to teen pregnancy prevention with a focus on interventions that are most likely to demonstrate a change in sexual behaviors. They may include curricula or interventions that are popular in the field, but may not have been rigorously evaluated. Projects must:

- Be based on some preliminary evidence of effectiveness;
- Represent a significant adaptation of an evidence-based program; or
- Offer a new and innovative approach to teenage pregnancy prevention.

PREIS projects are expected to generate lessons learned so that others can benefit from these strategies and innovative approaches. Projects must carefully document the intervention for possible replication by others, conduct process and outcome evaluations, and disseminate findings.

Project models must be medically accurate and age appropriate, based on the developing cognitive, emotional and behavioral capacity typical of the target population. The projects must also be able to communicate with youth based on their varying levels of development.

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## MEASURING EFFECTIVENESS

The Department of Health and Human Services (HHS) will oversee a large-scale evaluation effort of a subset of funded projects focused on measuring the effectiveness of each. Performance measures established by HHS include:

- The number of youth served and hours of service delivery;
- Fidelity to the program model or adaptation of the program model for the target population;
- Community partnerships and competence in working with the target population;
- Reported gains in knowledge and intentions and changes in self-reported behaviors of participants; and
- Community data, like birth rates and the incidence of sexually transmitted infections.

In addition, each project will conduct its own independent evaluation, with Federal training and technical assistance, based on rigorous evaluation designs and these performance measures.



## GRANT AWARD PROCESS

The Patient Protection and Affordable Care Act of 2010 authorized \$10 million for the new PREIS program. FYSB awards funds on a competitive basis in the form of 5-year cooperative agreements. In FY2011, FYSB awarded \$9.35 million to 13 projects.

## CONTACT US



**National Clearinghouse on Families & Youth**  
5515 Security Lane, Suite 800, North Bethesda, MD 20852



TEL: 301.608.8098  
FAX: 301.587.4352



### ONLINE

NCFY: [ncfy.acf.hhs.gov](http://ncfy.acf.hhs.gov) FYSB: [www.acf.hhs.gov/programs/fysb](http://www.acf.hhs.gov/programs/fysb)

E-MAIL: [ncfy@acf.hhs.gov](mailto:ncfy@acf.hhs.gov) TWITTER: <https://twitter.com/ncfy>

FACEBOOK: [www.facebook.com/NationalClearinghouseonFamiliesandYouth](http://www.facebook.com/NationalClearinghouseonFamiliesandYouth)