

May/June 2016 | Volume 2, Issue 2



**QUICK FACT**



among Hispanic and African American teens, dropping the national teen birth rate to an all-time low since 2006.

[View All Quick Facts >](#)

**Events and Observances**



**National Teen Pregnancy Prevention Month**  
APS\* Topic: *Healthy Relationships*  
May 1-31, 2016



**Mental Health Month**  
APS\* Topic: *Healthy Life Skills*  
May 1-31, 2016



**National Foster Care Month**  
APS\* Topic: *Parent-Child Communication*  
May 1-31, 2016

*\*Adulthood Preparation Subjects*

**LEARNING CENTER**

► [Clinical Service Tip Sheet](#)

► [Integrating the Needs of Foster Care Youth in Adolescent Pregnancy Prevention Programming: Trauma-Informed Approaches Webinar](#)

**PROGRAM HIGHLIGHTS**

**APP Program Observes Teen Pregnancy Prevention Month**

We know that teaching teens about healthy life skills, development, and communication helps to prepare them for adulthood and equips them with the information needed to make responsible decisions and to prevent unplanned pregnancy. This May, the APP Program will continue our ongoing quest to Prep Teens for the Future by hosting a series of events.

[Get facts, get involved and share your success.](#)



**Meeting Youth Where They Are—Understanding the Adolescent Experience**

Adolescent Pregnancy Prevention (APP) grantees recently attended an in-person training on how to better understand the adolescent experience. Grantees participated in a number of sessions on trauma, bullying/mental health, and substance abuse. Additionally, participants were equipped with new resources and skills to better support youth in their programs.



[Read more about the training.](#)

**FYSB Announces New PREP Funding Opportunities**

FYSB's [PREP Innovative Strategies \(PREIS\) Funding Opportunity Announcement](#) seeks applications from entities to develop, implement, and test innovative adolescent pregnancy prevention strategies with vulnerable youth populations. Applications will be accepted through June 27, 2016.

The [Tribal PREP Funding Opportunity Announcement](#) solicits applications from Indian tribes and tribal organizations to fund the development and implementation of comprehensive, teen pregnancy prevention programs for American Indian and Alaska Native youth. Applications will be accepted through July 8, 2016.



### PREP Participants: Serving Vulnerable and Special Populations of Youth

PREP grantees are encouraged to target their programming to youth who are the most high-risk or vulnerable for pregnancies, or otherwise have special circumstances, including youth in or aging out of foster care, runaway and homeless youth, and youth who are pregnant or parenting. In fact, the 2014-2015 PREP data indicate there are 38 State PREP, 3 PREP Innovative Strategies, and 9 Competitive PREP programs serving youth in foster care. Additionally, there are 7 programs in which 50% or more participants are runaway or homeless youth and 13 programs in which 50% or more of the youth are pregnant or parenting.

### HHS Evidence Review Fourth Update: Two FYSB-Funded Teen Pregnancy Prevention Programs Demonstrate Positive Impacts

Seven new programs have demonstrated evidence of effectiveness, which increases the number of programs meeting the criteria from 37 to 44. The results of this fourth update revealed that two innovative FYSB-funded programs met HHS' high standards as described in the [April 2016 brief](#) (PDF, 356KB).

These two programs were funded under the first generation (2010-2016) of [Personal Responsibility Education Program Innovative Strategies \(PREIS\) grant program](#). Here is more information on the two PREIS projects.

- The **AIM 4 Teen Moms** program is a positive youth development program created specifically for teen mothers by the Children's Hospital of Los Angeles, a FYSB grantee. [Learn more about the implementation of the program](#) (PDF, 1MB) and [read the full impact report](#).
- The **Teen Options to Prevent Pregnancy (T.O.P.P.)** program, implemented by Ohio Health Research and Innovation Institute, is a clinic-based intervention to reduce rapid repeat pregnancies among expectant and parenting adolescent females. [Learn more about the implementation of the program](#) (PDF, 1.9MB) and [read the full impact report](#).

### SUCCESS STORY

#### Power Through Choices: OICA Empowers Youth in Foster Care

Youth in foster care are 2.5 times more likely to become pregnant or get someone pregnant than their peers not in foster care. Knowing this, the Oklahoma Institute for Child Advocacy (OICA), supported by FYSB and the Annie E. Casey Foundation, is equipping these vulnerable youth to avoid risk-taking sexual behaviors with Power Through Choices (PTC). PTC is a sexuality education and skill-building curriculum designed to reduce risks related to teen pregnancy, HIV, and other sexually transmitted infections in group home settings in California, Oklahoma and Maryland. [Learn more about OICA](#).

## **Focusing on the Future to Prevent Rapid Repeat Pregnancies Among Teen Moms**

For teen moms trying to keep their babies safe and healthy, it can be easy to lose sight of the future in a sea of diapers and doctors' visits. So when Los Angeles County faced a lack of services to prevent rapid repeat pregnancies among young moms, the Children's Hospital of Los Angeles created a solution.

In 2009, hospital staff unveiled Adult Identity Mentoring 4 Teen Moms (AIM 4 Teen Moms), a customized intervention that helps participants identify their goals—and chart out the steps to achieve them—with the aim of improving their sexual health outcomes. Helping teen moms envision their futures makes it easier to see how everyday decisions like using contraception can impact their lifelong dreams in areas like school and work. [Learn how AIM 4 Teen Moms helps young women make informed choices to reach their goals.](#)

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The Personal Responsibility Education Program (PREP) is a federal teen pregnancy prevention program administered by the Family and Youth Services Bureau within the Administration for Children and Families. PREP programs educate young people on both abstinence and contraception to prevent pregnancy and sexually transmitted infections including HIV/AIDS. FYSB funds grantee organizations from across the United States utilizing evidence-based teen pregnancy prevention programming and adulthood preparation subjects (APS) in their communities. [Learn more about Adolescent Pregnancy Prevention.](#)  
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