

Runaway and Homeless Youth Program: Transitional Living Program



Family and Youth
Services Bureau

The **Transitional Living Program** gives older homeless youth, **ages 16 through 21**, the support they need to be successful adults.

More than **3,300** young adults enter transitional living programs funded by the Family & Youth Services Bureau each year.

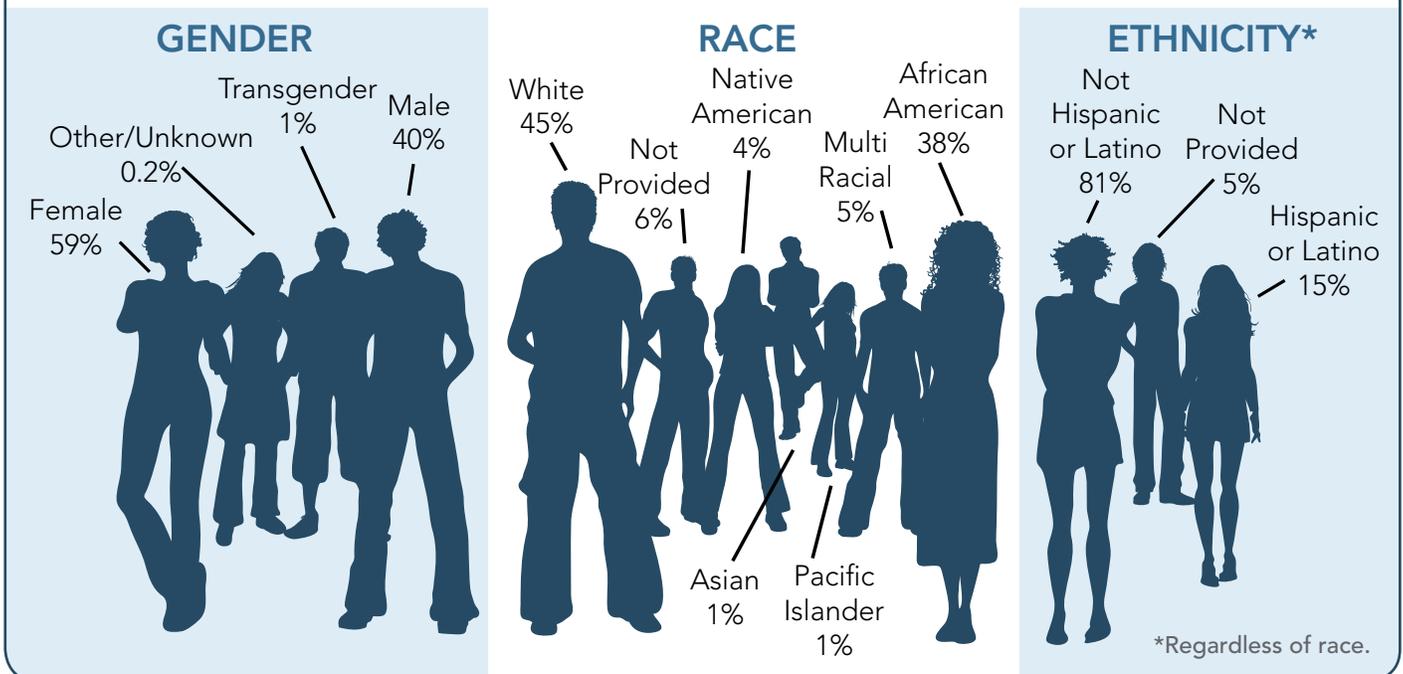
Another **1,200** are on waiting lists.

In general, transitional living programs assist youth who are already in precarious living situations.

Nearly **1 in 3** are living on the street or in a shelter.

Almost another **third** are couch surfing, living at the homes of friends or relatives.

A Portrait of Transitional Living Program Youth



12% OF TRANSITIONAL LIVING YOUTH SAY THEY ARE LESBIAN, GAY, BISEXUAL, OR QUESTIONING

YOUTH IN TRANSITIONAL LIVING PROGRAMS ARE 19.2 YEARS OLD, ON AVERAGE

YOUTH TAKE 10 MONTHS TO COMPLETE THE PROGRAM, ON AVERAGE

All statistics provided by the Runaway and Homeless Youth Management Information System.

Runaway and Homeless Youth Program: Transitional Living Program



Family and Youth
Services Bureau

Top Ten Challenges Youth Face When They Enter a Program

		Number of Youth Reporting			Number of Youth Reporting
1.	Housing	2,390	6.	Abuse and/or neglect	831
2.	Family dynamics	2,101	7.	Substance abuse	802
3.	Unemployment	1,956	8.	Pregnant/parenting	708
4.	Education	1,691	9.	Health	461
5.	Mental health	1,095	10.	Sexual orientation	227

What Youth Get From Transitional Living Programs

- **Basic life-skills building:** Like budgeting, using credit, housekeeping, menu planning, cooking, and becoming an educated consumer.
- **Interpersonal skill building:** Like establishing positive relationships with peers and adults, making decisions, and managing stress.
- **Educational opportunities:** Like graduating from high school or attaining a GED credential, postsecondary training or vocational education.
- **Assistance in job preparation and attainment:** Like gaining employability, building workplace skills, and getting career counseling, guidance on dress and grooming, and information about workplace etiquette.
- **Mental health care:** Like individual and group counseling and substance abuse education, prevention, and treatment services.
- **Physical health care:** Like help applying for Medicaid, if they are eligible, and access to routine physicals, health assessments and emergency treatment. Pregnant youth receive prenatal care.

Last year,

33% of youth who were not attending school at all or very little began attending regularly

33% of young people who were looking for work found it

88% moved on to a safe setting after leaving the program

To better understand what supports and services lead youth to a successful transition to adulthood, FYSB is undertaking a study of the **Transitional Living Program** that will be complete in 2016.



ONLINE

<http://www.acf.hhs.gov/programs/fysb>