Heatstroke in vehicles is the leading cause of all non-crash-related fatalities involving children 14 and younger. These deaths are completely preventable, and everyone in the community – especially parents and Head Start and child care providers – have roles to play in protecting our children.

With 550 heatstroke deaths of children in hot cars since 1998, I am committed to doing everything I can to protect the child in my care.

That’s why, as a parent, I pledge to:

• Call my Head Start or child care provider if my child will be absent or arriving later than usual.

• Use these tips to remind myself there is a child in the vehicle:
  • Write myself a note and place it where I’ll see it when I leave the vehicle.
  • Place my purse, briefcase, or something else I’m sure to need in the back seat so I’ll see the child in the vehicle.
  • Keep an object in the car seat, such as a stuffed toy. Once the child is buckled in, I will place the object where I’ll see it before leaving the vehicle.

• Notify the authorities immediately if I see a child left unattended in a vehicle.

That’s why, as a Head Start or child care provider, I pledge to:

• Call the parent of the child in my care if the child doesn’t arrive on time.

• Check every seat in a vehicle used to transport children to make sure there are no children remaining in the vehicle before I park and lock up.

• Notify the authorities immediately if I see a child left unattended in a vehicle.