Understanding the New CCDF Health and Safety Standards and Training Requirements
Federal Presenters

Rachel Schumacher
Director, Office of Child Care

Minh Lê
Program Specialist, Office of Child Care

Katherine Beckmann
Senior Policy Advisor for Early Childhood Health, Office of Early Childhood Development
Reauthorization Overview

Addresses the Law in 4 major topical areas:

- Protect the **health and safety** of children in child care
- Help parents make informed consumer choices and access information to support child development
- Provide **equal access** to stable, high quality child care for low-income children
- Enhance the **quality** of child care and the early childhood workforce
Effective/Compliance Dates

**Effective Date**: 60 days after publication.

**Compliance Date**: Full compliance by September 30, 2018. Compliance determined through CCDF Plans and federal monitoring.

**Compliance Date (Tribes)**: Compliance through review and approval of the FY 2020 - 2022 Tribal CCDF Plans that become effective October 1, 2019.
Health and Safety Topics and Training Requirements
Key Regulatory References

98.41: HEALTH AND SAFETY REQUIREMENTS
• (a): Lead Agency shall have health and safety requirements
• (a)(1)(i) through (xi): List of 11 required H&S topics
• (a)(1)(xii): Optional H&S topics
• (a)(2): Requirement to have trainings on H&S topics

98.44: TRAINING AND PROFESSIONAL DEVELOPMENT
• (a) Professional development framework
• (b): Description of pre-service & orientation training requirements
• (b)(1)(i): LA must specify which trainings must be completed before unsupervised care of children
• (b)(1)(iii): Adds requirement to have training on child development
• (b)(2): On-going training requirements
Establish **health and safety requirements** and training in the following areas:

1. Prevention and control of infectious diseases (including immunization);
2. SIDS prevention and use of safe sleep practices;
3. Administration of medication;
4. Prevention/response to emergencies due to food and allergic reactions;
5. Building and physical premises safety;
6. Prevention of shaken baby syndrome, abusive head trauma, and child maltreatment;
7. Emergency preparedness and response planning;
8. Handling and storage of hazardous materials and the appropriate disposal of biocontaminants;
9. Transportation (if applicable);
10. Pediatric first-aid and CPR;
11. Recognition and reporting of child abuse and neglect;

May include subjects relating to:

- Nutrition (incl. age-appropriate feeding);
- Access to physical activity;
- Caring for children with special needs; or
- Any other subject determined by Lead Agency to be necessary to promote child’s development or health and safety.
# How Do These H&S Provisions Apply?

<table>
<thead>
<tr>
<th><strong>Who</strong></th>
<th><strong>Where</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>Teachers</td>
<td>All settings that serve CCDF children:</td>
</tr>
<tr>
<td>Caregivers</td>
<td>• Licensed</td>
</tr>
<tr>
<td>Directors</td>
<td>• License-exempt</td>
</tr>
<tr>
<td></td>
<td>• Care provided in child’s home</td>
</tr>
</tbody>
</table>

- Lead Agencies have option to exclude relative providers from H&S requirements (consistent with previous regulations).
- Federal requirements do not prevent Lead Agencies from applying training requirements more broadly or adding additional H&S topics.
Health & Safety Training and Standards

In addition to the requirements of the law, the final rule:

• Defines pre-service or orientation as within three months of starting. (45 CFR 98.44(b))

• Specifies that H&S requirements should be appropriate to the age of the children. (45 CFR 98.41(a))

• Refers to *Caring for Our Children Basics: Health and Safety Foundations for Early Care and Education* as a voluntary baseline for standards.
Lead Agencies must have a framework for training, professional development, and postsecondary education that:

- Is developed in consultation with State Advisory Councils or similar coordinating body;
- May engage training and professional development providers to align training opportunities with the framework;
- Addresses professional standards and competencies;
PD Framework

• Establishes qualifications to promote social, emotional, physical, and cognitive development of children and improve provider knowledge;

• Includes a progression of professional development

• Reflect current research and best practices to promote the social, emotional, physical and cognitive development of children; and

• Improves the quality, diversity, stability, and retention of caregivers, teachers, and directors.
Alignment with Head Start

CCDF training requirements were intentionally aligned with the Head Start Performance Standards to eliminate duplication of effort.

The documentation of trainings should allow for tracking to ensure that there is no need to repeat trainings.
What is Caring for Our Children Basics?

*CfoC Basics* is a set of recommendations intended to create a common framework to align basic health and safety efforts across all early childhood settings.

- Provides guidance on voluntary, basic, minimum health and safety standards
- Reduces conflicts and redundancies found in federal program standards
- Enhances state child care licensing practices and QRIS
- Improves efficiencies in monitoring systems
- Creates consistent floor across Head Start, child care, and pre-K from which programs would aspire/move to higher quality and upon which parents can rely
Q&As
Why are there 11 health and safety standards but 12 required trainings?

The rule details 11 health and safety topics (98.41(a)(1)) and requires pre-service/orientation and ongoing trainings provided in those 11 areas (98.4(a)(2)).

In addition to those 11 topics, the rule adds a child development training requirement at 98.44(b)(1)(iii), making it a total of 12 required trainings.
Does Pediatric CPR and First Aid have to result in certification to meet requirement?

While pediatric CPR and First Aid are typically tied to certification, it is not a requirement of the rule.

When establishing requirements, States should consider how to best demonstrate competency in these areas, which may include requiring certificates (if available).
Is there a minimum number of training hours required?

No, there is not a minimum required number of training hours. However, the Lead Agency must report their minimum number of annual training hours required for CCDF providers in their Plan.

In the final rule, ACF recommends 30 hours of pre-service training and between 24-30 hours of ongoing training annually as a reasonable benchmark.
Are staff required to be trained on all the H&S training topics on an annual basis?

States and Territories are required to have on-going training to ensure that providers have an up-to-date understanding and can maintain healthy and safe environments for children.

However, States and Territories do have flexibility to determine what health and safety trainings should be repeated and how often they need to occur as part of the ongoing professional development for caregivers, teachers, and directors.
Will staff be required to complete the 12 training topics on an annual basis? (cont.)

Health and safety topics that have certifications can serve as a guide for when health and safety topics should be renewed (e.g. the American Red Cross certification in pediatric CPR has a two-year limit).

Lead Agencies may want to take into account whether an individual must maintain their certificate, when determining the frequency of trainings.
Can H&S requirements be met through on-line trainings?

Yes, on-line trainings are a valuable resource for meeting these requirements. However, Lead Agencies should consider whether certain trainings require in-person trainings in order to achieve minimum competency and improve health and safety practices.

A mixed delivery training system that includes both online and in-person trainings can meet the varied needs of child care caregivers, teachers, and directors.
Resources

- **Caring for Our Children Basics**

- **National Center for Early Childhood Health and Wellness**
  [https://eclkc.ohs.acf.hhs.gov/hslc/tta-system/health](https://eclkc.ohs.acf.hhs.gov/hslc/tta-system/health)

- **National Center for Early Childhood Quality Assurance**

- **Early Educator Central**
  [https://earlyeducatorcentral.acf.hhs.gov/coursework](https://earlyeducatorcentral.acf.hhs.gov/coursework)

- **ECKLC CCDBG H&S Training Resources**
  [https://eclkc.ohs.acf.hhs.gov/hslc/tta-system/health/ccdbg](https://eclkc.ohs.acf.hhs.gov/hslc/tta-system/health/ccdbg)
Thank you for all you do for children and families!
Communication Plan to Providers

- Communication about new requirements at conferences and trainings began in 2015
- Letters mailed to all providers weekly for six weeks
- E-mail reminders
Developed Modules

Heath and Safety Module

Child Development 0-5

Safety Module

Child Development

School Age Providers
Topic specific webinars

• Prevention and control of infectious diseases (including immunizations)
• Prevention of sudden infant death syndrome and use of safe sleeping practices
• Administration of medication
• Prevention and response to emergencies due to food and allergic reactions
• Building and physical premises safety
• Prevention of shaken baby syndrome and abusive head trauma
• Emergency preparedness and response
• Handling and storage of hazardous materials
• Appropriate precautions in transporting children
• Child Development
Reviewed Prior Coursework and Trainings

- Used Caring for Our Children to develop a required content list
- Reviewed prior trainings for content
- Reviewed College coursework for content
Ensuring Effective Training

• Modules have embedded checkpoints throughout to ensure material is being understood
• Coaches are working with programs to develop program improvement plans
Pre-service or Orientation

• Worked with community colleges and four year institutions to ensure topics are embedded into existing early childhood courses

• 90 day orientation period for those entering without college coursework
Ongoing Training

• Providers are currently required to take 12 – 20 training hours of continuing education per year

• All training topics are available with more in-depth information in webinar format and some are available in face to face formats
Document and Track

• Worked with technology vendor to enhance current software that tracks the compliance of all childcare staff statewide and allows for monitoring of this requirement by licensing consultants.
Oregon’s Introduction to Child Care Health and Safety
Background

- Original training course developed for license exempt providers
- CCDBG 2016 opportunity to expand training to all early care and education providers and directors
- Foundational training covers all areas required under new federal rules.
Introduction to Child Care
Health and Safety

- Two hour course on basic health and safety in child care settings
- Course is online and must be taken individually
- Available in English, Spanish, Russian, Vietnamese and Chinese
- Preservice for family child care and relatives
- All early care and education professionals must complete training by June 2017
- “Automagically” entered into Oregon Registry system
Building on the Foundation

- Technical Assistance Resources
- Continued professional development
Other training

Oregon’s Early Learning Standards
http://campus.educadium.com/OCCD

Serving Families Experiencing Homelessness
Resources

- **Caring for Our Children Basics**
  http://www.acf.hhs.gov/ecd/caring-for-our-children-basics

- **National Center for Early Childhood Health and Wellness**
  https://eclkc.ohs.acf.hhs.gov/hslc/tta-system/health

- **National Center for Early Childhood Quality Assurance**

- **Early Educator Central**
  https://earlyeducatorcentral.acf.hhs.gov/coursework

- **ECKLC CCDBG H&S Training Resources**
  https://eclkc.ohs.acf.hhs.gov/hslc/tta-system/health/ccdbg