

Early Head Start: Local Measures, Birth to Three List (with Full References and Site Abstracts)

24-hour Food Recall

Schiffman, R. F., et al. (1996). Pathways Project I: Research into directions for family health and service use. Unpublished manuscript, Michigan State University, East Lansing.

Site/s using measure: [Michigan State University](#)

Addiction Severity Index

McLellan, A. T., Luborsky, L., O'Brien, C. P., & Woody, G. E. (1980). An improved evaluation instrument for substance abuse patients: The Addiction Severity Index. *Journal of Nervous and Mental Disease*, 169, 26-33.

Site/s using measure: [Medical University of South Carolina](#)

Adult-Adolescent Parenting Inventory-2

Bavolek, S., & Keene, R. (1999) <http://www.nurturingparenting.com>

Site/s using measure: [Utah State University](#)

Adult Attachment Interview

George, C., Kaplan, N., & Main, M. (1985). *Adult attachment interview*. Unpublished manuscript, Department of Psychology, University of California, Berkeley.

George, C., Kaplan, N., & Main, M. (1996). *Adult Attachment Interview* (3rd ed.). Unpublished manuscript, Department of Psychology, University of California, Berkeley.

Sites/s using measure: [University of California at Los Angeles](#), [University of Washington School of Nursing](#)

AIMS: Developmental Indicators of Emotional Health

Partridge, S. (1990). *Project AIMS User's Manual*. Portland, ME: Human Services Development Institute.

Sites/s using measure: [Harvard University](#)

Attachment Q-sort/Q-set

Waters, E. (1987). *Attachment behavior Q-set (Revision 3.0)*. Unpublished instrument, State University of New York at Stony Brook, Department of Psychology.

Waters, E. (1995). The attachment Q-set. In E. Waters, B. E. Vaughn, G. Posada, & K. Kondo-Ikemura (Eds.) *Caregiving, cultural, and cognitive perspectives on secure-base behavior and working models: New growing points of attachment theory and research*. (Monographs of the Society for Research in Child Development, Nos. 2-3), 60, 234-246.

Waters, E., & Deane, K. E. (1985). Defining and assessing individual differences in attachment relationships: Q-methodology and the organization of behavior in infancy and early childhood. In I. Bretherton & E. Waters (Eds.) *Growing points of attachment theory and research*. (Monographs of the Society for Research in Child Development, Nos. 1-2), 50, 41-65.

Sites/s using measure: [University of Missouri at Columbia](#), [University of California at Los Angeles](#), [Utah State University](#)

Brief Symptom Inventory (BSI)

Derogatis, L. R. (1993). *BSI: Administration, Scoring, and Procedures Manual*.

Minneapolis, MN: National Computer Systems, Inc.

Derogatis, L. R., & Melisaratos, N. (1983). The Brief Symptom Inventory: An introductory report. *Psychological Medicine*, 13(3), 595-605.

Derogatis, L. R., & Spencer, M. S. (1982). *Administration and procedures: BSI Manual*. Baltimore: Clinical Psychometric Research, Johns Hopkins University.

Sites/s using measure: [Medical University of South Carolina](#), [University of Washington School of Nursing](#)

Child Abuse Potential Questionnaire

Milner, J. (1986). *The Child Abuse Potential Inventory: Manual*. Webster, NC: Psytec Corporation.

Sites/s using measure: [Harvard University](#)

Client Attachment to Therapist Scale (CATS)

Mallinckrodt, B., Gantt, D.L., & Coble, H.M. (1995). Attachment patterns in the psychotherapy relationship: Development of the Client Attachment to Therapist Scale. *Journal of Counseling Psychology*, 42, 307-317.

Sites/s using measure: [University of Washington School of Nursing](#)

Dyadic Adjustment Scale - (DAS) (includes Satisfaction subscale)

Spanier, G. B. (1976). Measuring dyadic adjustment: New scales for assessing the quality of marriage and similar dyads. *Journal of Marriage and the Family*, 38, 15-28.

Sites/s using measure: [Medical University of South Carolina](#), [Michigan State University](#), [University of Missouri at Columbia](#)

Emotional Availability

Biringen, Z., & Robinson, J. (1991). Emotional availability in mother-child interactions. *American Journal of Orthopsychiatry*, 61, 258 - 271.

Site/s using measure: [University of California at Los Angeles](#), [University of Colorado Health Sciences Center](#)

Ethnic Identity Scale

Adapted from Coehlo, G., Yuan, Y., & Ahmed, P. (1980). Contemporary uprooting and collaborative coping: Behavioral and societal responses. In G. Coehlo & P. Ahmed (Eds.), *Uprooting and development*. (pp. 5 - 18). New York: Plenum Press.

Fewell, R. (1986). Supports from religious organizations and personal beliefs. In R. Fewell & P. Vadasy (Eds.), *Families of handicapped children: Needs and supports across the life span*. (pp. 297-316). Austin, TX: PRO-ED.

Sites/s using measure: [Catholic University of America](#)

Expectations of Parenting Role Scale

Locally developed to assess mother and grandmother's expectations of their role in parenting activities.

Sites/s using measure: [University of Arkansas for Medical Sciences](#)

Fagan Infant Intelligence

Fagan, J.F., & Singer, L. (1983). Infant recognition memory as a measure of intelligence. In L.P. Lipsitt (Ed.), *Advances in infancy research: Vol. 2* (pp. 31-79). Norwood, NJ: Ablex.

Sites/s using measure: [University of Missouri at Columbia](#)

Family Adaptability and Cohesion Evaluation Scales (FACES-III)

Olson, D. H., Portner, J., & Lavee, Y. (1985). *FACES-III*. St. Paul, MN: University of Minnesota, Department of Family Social Service.

Sites/s using measure: [Medical University of South Carolina](#)

Family Assessment Profile

Locally developed by program partner, Early Education Services, Brattleboro, VT

Sites/s using measure: [Harvard University](#)

Family Crisis Oriented Personal Evaluation Scale (F-COPES)

Subscales: Informal Social Support Subscale, Community Support Subscale, Spiritual Support Subscale, and Reframing Subscale

McCubbin, H., Olson, D. H., & Larsen, A. (1987). F-COPES: Family Crisis Oriented Personal Evaluation Scales. In H. McCubbin & A. Thompson (Eds.), *Family assessment inventories for research and practice* (pp. 195-205). Madison, WI: University of Wisconsin - Madison.

Site/s using measure: [Michigan State University](#), [Utah State University](#)

Family, Friends, and Self

Simpson, D. D., & McBride, A. A. (1992). Family, friends, and self (FFS) assessment scales for Mexican American youth. *Hispanic Journal of Behavioral Sciences*, 14, 327-340.

Site/s using measure: [Medical University of South Carolina](#)

Family Functioning Scale (Catholic University)

Dunst, C., Trivette, C., & Deal, A. (1988). *Enabling and empowering families: Principles and guidelines for practice*. Cambridge, MA: Brookline Books.

Site/s using measure: [Catholic University of America](#)

Family Functioning and Child Well-Being:

Ayoub, C., & Jacewitz, M. (1982). Families at risk of poor parenting: A descriptive study of sixty families in a model prevention program. *Child Abuse and Neglect*, 6, 413-422.

Site/s using measure: [Harvard University](#)

Family Resource Scale

Dunst, C., & Leet, H. (1987). Measuring the adequacy of resources in households with young children. *Child: Care, Health and Development*, 13, 111-125.

Site/s using measure: [Catholic University of America](#)

Family Strengths and Problems Profile

Ayoub, C. & Jacewitz, M. (1982). Families at risk of poor parenting: A descriptive study of sixty families in a model prevention program. *Child Abuse and Neglect*, 6, 413-422.

Site/s using measure: [Harvard University](#)

Food Frequency

Locally designed

Site/s using measure: [University of Arkansas for Medical Sciences](#)

Grandmother Involvement with Child Scale

Locally designed

Site/s using measure: [University of Arkansas for Medical Sciences](#)

Household Food Environment

Locally designed

Site/s using measure: [University of Arkansas for Medical Sciences](#)

Identity Decision Style Inventory

Subscales: Information-Oriented, Diffused Identity, Norm Oriented

Berzonsky, M.D. (1992). A process perspective on identity formation. In G.R. Adams, R. Montemayor, & T. Gullotta (Eds.), *Adolescent Identity Formation: Advances in adolescent development Vol. 4* (pp. 193-215). Newbury Park, CA: Sage.

Site/s using measure: [Utah State University](#)

Inclusion Beliefs

Locally developed open-ended questions to assess parental beliefs about inclusion of children with special needs in child care.

Site/s using measure: [Catholic University of America](#)

Infant Feeding Questionnaire

Locally designed, based on NHANES Diet and Behavior questionnaire
<http://www.cdc.gov/nchs/data/nhanes/spq-db.pdf>

Site/s using measure: [University of Arkansas for Medical Sciences](#)

Infant Strange Situation

Ainsworth, M. D., Blehar, M. C., Waters, E., & Wall, S. (1978). Patterns of attachment: A psychological study of the strange situation. *Hillsdale, NJ: Erlbaum.*

Site/s using measure: [University of Washington School of Nursing](#)

Lab Tab (Temperament)

Goldsmith, H. H., & Rothbart, M. K. (1994). *The Laboratory Temperament Assessment Battery, Locomotor Version*. Department of Psychology, University of Wisconsin.

Site/s using measure: [University of Colorado Health Sciences Center](#), [University of Washington School of Nursing](#)

Luster Parent Opinion Survey

Luster, T., Rhoades, K., & Haas, B. (1989). The relation between parental values and parenting behavior: A test of the Kohn hypothesis. *Journal of Marriage and the Family*, 51, 139-147.

Site/s using measure: [University of Missouri at Columbia](#)

Maternal Activities (from NHAMES III)

NHANES III Sample Person Questionnaire - physical activity and physical fitness - PAQ
12/9/98 www.cdc.gov/nchs/about/major/nhanes/questexam.htm

Site/s using measure: [University of Arkansas for Medical Sciences](#)

Maternal Behavior Q-Set

Pederson, D., Moran, G., Sitko, C., Campbell, K., Ghesquire, K., & Action, H. (1990). Maternal sensitivity and the security of infant-mother attachment: A Q-Sort Study, *Child Development*, 61, 1974-1981.

Site/s using measure: [University of California at Los Angeles](#)

McMaster Family Assessment Device - General Functioning Scale (FAD)

Epstein, N., Baldwin, L., & Bishop, D. (1983). The McMaster Family Assessment Device. *Journal of Marital and Family Therapy*, 9(2), 171-180.

Site/s using measure: [Michigan State University](#)

Measuring Ambivalence about Pregnancy Scale

London, K., Peterson, L., & Piccinino, L. (1995). The national survey of family growth: Principal source of statistics on unintended pregnancy: Supplement to Chapter 2, Appendix C. In S.S. Brown & L. Eisenberg (Eds.), *Best intentions: Unintended pregnancy and the well-being of children and families* (pp. 286-295). Washington D.C.: National Academy Press.

Site/s using measure: [University of Missouri at Columbia](#)

Medical Records Review Schedule

Schiffman, R. F., et al. (1996). Pathways Project I: Research into directions for family health and service use. Unpublished manuscript, Michigan State University, East Lansing.

Site/s using measure: [Michigan State University](#)

Military Identity Scale

Locally developed measure

Site/s using measure: [Catholic University of America](#)

Multidimensional Personality Questionnaire (MPQ)

Subscales: Affective, Achievement, Aggression, Control

Tellegen, A. (1982). *Brief Manual for the Multidimensional Personality Questionnaire*. Unpublished manuscript, University of Minnesota, Minneapolis.

Site/s using measure: [University of Missouri at Columbia](#)

Nice and Mean Interaction Scales - Adult/Child

Fischer, K. & Hencke, R. (1990). *Nice and Mean Interaction Scale: Adult/Child*. Cognitive Development Laboratory. Harvard University.

Site/s using measure: [Harvard University](#)

Nice and Mean Interaction Scales - Peer

Fischer, K., Hencke, R. & Hand, H. (1990). *Nice and Mean Interaction Scale: Peers*. Cognitive Development Laboratory. Harvard University.

Site/s using measure: [Harvard University](#)

Nursing Child Assessment Teaching Scale (NCATS)

Sumner, G., & Spietz, A. (1994). *Caregiver - parent - child interaction teaching manual*. Seattle, WA: NCAST Publications.

Site/s using measure: [Michigan State University](#)

Parent Attachment Interview (PAI)

Biringen, Z., Brown, D., Donaldson, L., Green, S., Krcmarik, S., & Lovas, S. (2000). Adult attachment interview: linkages with dimensions of emotional availability for mothers and their pre-kindergarteners. *Attachment and Human Development*, 2, 188-202.

Site/s using measure: [University of California at Los Angeles](#)

Parent Investment in the Child

Bradley, R. H., Whiteside-Mansell, L., Brisby, J. A., & Caldwell, B. M. (1997a). Parent's

socioemotional investment in children. *Journal of Marriage and the Family*, 59, 77-90.

Site/s using measure: [University of Arkansas for Medical Sciences](#)

Parenting Style (Form 20)

Greenberger, E., & Goldberg, W. A. (1989). Work, parenting, and the socialization of children. *Developmental Psychology*, 25, 22-35.

Site/s using measure: [University of Arkansas for Medical Sciences](#)

Pathways Project Interview Schedule

Schiffman, R. F., et al. (1996). *Pathways Project I: Research into directions for family health and service use*. Unpublished manuscript, Michigan State University, East Lansing.

Site/s using measure: [Michigan State University](#)

Preschool Language Scales (PLS-3)

Zimmerman, I. L., Steiner, V. G., & Pond, R. E. (1992). *PLS-3 examiner's manual and picture manual*. New York: Psychological Corporation.

Site/s using measure: [University of Colorado Health Sciences Center](#), [University of California at Los Angeles](#)

Psychological Empowerment Scale (PES)

Akey, T., Marquis, J., & Ross, M. (2000). Validation of scores on the psychological empowerment scale: A measurement of empowerment for parents of children with a disability. *Educational and Psychological Measurement*, 60(3), 419-438.

Site/s using measure: [Michigan State University](#)

Quality of Life

Olson, D.H., & Barnes, H.L. (1982). *Quality of Life*. University of Minnesota. Available at: www.lifeinnovation.com

Site/s using measure: [University of Arkansas for Medical Sciences](#)

Relationship Attitude Scale

Subscales: Avoidance Index, Ambivalence Index

Simpson, J., Rholes, W., & Nelligan, J. (1992). Support seeking and support giving within couples in an anxiety-provoking situation: The role of attachment styles. *Journal of Personality and Social Psychology*, 62, 434-446.

Site/s using measure: [Utah State University](#)

Resiliency Attitudes Scale (RAS)

Biscoe, B., & Harris, B. (1994). *Resiliency attitudes scale manual*. In S. Wolin & S. Wolin (Eds.), *The resilient self*. New York: Villard Books.

Site/s using measure: [Catholic University of America](#)

Resiliency Form 2

Biscoe, B., & Harris, B. (1994). *Resiliency attitudes scale manual*. Oklahoma City, OK: Eagle Ridge Institute, Inc.

Site/s using measure: [University of Arkansas for Medical Sciences](#)

Revised Peer Play Scale

Howes, C., & Matheson, C. (1992). Sequences in the development of competent play with peers: Social and social pretend play. *Developmental Psychology*, 28, 961-972.

Site/s using measure: [University of California at Los Angeles](#)

Rothbart Infant Behavior Questionnaire (IBQ)

Subscales: Distress to Limitations, Latency, Duration of Orienting, Smiling and Laughter, Soothability

Rothbart, M. (1981). Measurement of temperament in infancy. *Child Development*, 52, 569-578.

Site/s using measure: University of Colorado Health Sciences Center, [University of Missouri at Columbia](#)

Scale of Intergenerational Relationships Quality (Wakschlag, 1991)

Wakschlag, L.S., Chase-Lansdale, P., & Brooks-Gunn, J (1996). Not just "Ghosts in the nursery." Contemporaneous intergenerational relationships and parenting in young African-American families. *Child Development*, 67, 2131 - 2147.

Site/s using measure: [University of Arkansas for Medical Sciences](#)

Simpson Adult Attachment (Simpson Relationship Scale)

Simpson, J. A. (1990). Influence of attachment styles on romantic relationships. *Journal of Personality & Social Psychology*, 59(5), 971-980.

Site/s using measure: [University of Arkansas for Medical Sciences](#), [University of Colorado Health Sciences Center](#), [University of Washington School of Nursing](#)

Smoking, Alcohol and Drug Questions

Locally designed

Site/s using measure: [University of Arkansas for Medical Sciences](#)

Social Support Scale

Dunst, C., Trivette, C., & Deal, A. (1988). *Enabling and empowering families: Principles and guidelines for practice*. Cambridge, MA: Brookline Books.

Site/s using measure: [Catholic University of America](#)

Spirituality Scale

Adapted from the Spiritual Well-Being Scale.

Ellison, C.W. (1983). Spiritual well-being: Conceptualization and measurement. *Journal of Psychology and Theology*, 11, 330-340.

Fewell, R., & P. Vadasy, P. (Eds.) (1986), *Families of handicapped children: Needs and supports across the life span*. (pp. 297-316). Austin, TX: PRO-ED.

Site/s using measure: [Catholic University of America](#)

Structure of Coping Scale: Mastery Subscale

Pearlin, L.I., & Schooler, C. (1978). The structure of coping. *Journal of Health and Social Behavior*, 19, 2-21.

Site/s using measure: [University of Missouri at Columbia](#), [Utah State University](#)

Teen Addiction Severity Index

Kaminer, Y., Bukstein, O., & Tarter, R. E. (1991). The Teen Addiction Severity Index: Rationale and reliability. *The International Journal of the Addictions*, 26, 219-226.

Site/s using measure: [Medical University of South Carolina](#)

Teenage Parent Demonstration, 2nd Follow-Up

Aber, J., Brooks-Gunn, J., & Maynard, R. (1995). Effects of welfare reform on teenage

parents and their children. *Future of Children*, 5(2), 53-71.

Site/s using measure: [Catholic University of America](#)

Teti's Maternal Efficacy Scale

Bandura, A. (1993). Perceived self-efficacy in cognitive development and functioning. *Educational Psychologist*, 28, 117-148.

Site/s using measure: [University of Arkansas for Medical Sciences](#)

Toddler Care Questionnaire

Gross, D., & Rocissano, L. (1988). Maternal confidence in toddlerhood: Its measurement for clinical practice and research. *Nurse Practitioner*, 13, 19-29.

Site/s using measure: [Catholic University of America](#)

Ways of Coping Scale

Carver, C. S., Scheier, M. F., & Weintraub, J. K. (1989). Assessing coping strategies: A theoretically based approach. *Journal of Personality and Social Psychology*, 56, 267-283.

Site/s using measure: [University of Missouri at Columbia](#)

Wechsler Adult Intelligence Scales (WAIS)

Vocabulary Subscale

Wechsler, D. (1981). *Manual for the Wechsler Adult Intelligence Scale - Revised*. San Antonio: The Psychological Corporation.

Site/s using measure: [Harvard University](#), [University of Colorado Health Sciences Center](#), [University of Washington School of Nursing](#)

Woodcock Johnson Psycho-Educational Battery (Various Subtests)

Woodcock, R., & Johnson, M. (1989). *Woodcock-Johnson Psycho-Educational Test Battery-Revised*. Chicago: Riverside Publishing Company.

Woodcock, R. W., & Mather, N. (1990). WJ-R tests of achievement: Examiner's manual. In R.W. Woodcock & M. B. Johnson (Eds.), *Woodcock-Johnson Psycho-Educational Battery - Revised*. Chicago: Riverside Publishing Company.

Site/s using measure: [Medical University of South Carolina](#), [University of Missouri at Columbia](#), [Harvard University](#), [University of Washington School of Nursing](#)

Working Alliance Inventory

Horvath, A. O., & Greenberg, L. S. (1994). *The working alliance: Theory and research*. New York: Wiley.

Site/s using measure: [University of Missouri at Columbia](#)