



## The Latest from OPRE...

In this issue: findings from our look at using data to facilitate continuous quality improvement in Head Start & Early Head Start programs , another in our series of reports on the impact of early adversity and stress on the development of self-regulation, a funding opportunity to support dissertation research on Head Start, & more.

## Featured Research and Reports

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### **Moving Beyond a Culture of Compliance to a Culture of Continuous Improvement in Head Start**

How can Head Start and Early Head Start programs best use data to facilitate continuous quality improvement? [\*\*This resource guide\*\*](#) can help leadership, management, and staff in Head Start and Early Head Start programs (1) understand how data can help achieve program goals; (2) learn techniques for fostering a culture of learning; and (3) increase their ability to identify and address gaps and continuously improve their programs.

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## **Beyond the Adverse Childhood Experiences Study: Building Understanding of How Early Adversity & Stress Impact the Development of Self-Regulation**

Over 100 studies demonstrate that parental warmth, supportiveness, and sensitivity predict growth in self-regulation while harsh discipline techniques and maltreatment are associated with self-regulation difficulties. [Read this review](#) of literature on the impact of early adversity and stress on self-regulation development to explore other conclusions drawn from our look at this issue.

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## **Funding Opportunity to Support Dissertation Research on Head Start**

Apply today for a grant opportunity to support high quality dissertation research directed at the current concerns of Head Start programs and policy makers. Visit the [Early Care and Education Research Scholars: Head Start Graduate Student Research](#) grant announcements for additional information on this opportunity.

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## Social Media Spotlight

 **VIDA Careers**  
@VIDA\_Careers

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VIDA Directors discussing best practices w/  
colleagues across the country. Thank You  
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11:53 AM - 12 Mar 2015

## Recently Released Reports

NEW [A Resource Guide for Head Start Programs: Moving Beyond a Culture of Compliance to a Culture of Continuous Improvement](#)

NEW [Self-Regulation and Toxic Stress: A Review of Ecological, Biological, and Developmental Studies of Self-Regulation and Stress](#)

[Blackfeet Community College Tribal Health Profession Opportunity Grants \(HPOG\) Program-Overview and Preliminary Outcomes](#)

[Human Services for Low-Income and At-Risk LGBT Populations: Research Recommendations](#)

[LGBT Populations: A Snapshot of the Knowledge Base and Research Needs](#)

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## Plain Language Tip

### Use Simple Words and Phrases

Simple words help you express your message clearly.

**Instead of:** "expeditious"

**Try:** "fast" or "quick"

For more plain language tips, go to [plainlanguage.gov](http://plainlanguage.gov).

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