



ADMINISTRATION FOR
CHILDREN & FAMILIES
Office on Trafficking in Persons



HHS Health and Human Trafficking Symposium PowerPoint and Resource List

November 28–29, 2018

Panel 5: Addressing the Substance Use Needs of Trafficking Survivors and Exploring the Nexus With the Opioid Crisis

This panel highlights the role of substance use and connection to trafficking, impact of the opioid crisis, challenges and strategies for treatment, harm reduction and prevention strategies, multidisciplinary coordination between criminal justice and community health stakeholders, and next steps.

Following the PowerPoint presentation is a list of resources suggested by the HHS Health and Human Trafficking Symposium moderators and panelists. The list includes a wide variety of resources, ranging from published research, fact sheets, and tools such as trainings and curriculum.

Addressing the Substance Use Needs of Trafficking Survivors and Exploring the Nexus With the Opioid Crisis

Moderator/Panelists

- Moderator:
 - Audra Stock, Director, SAMHSA Center for Substance Abuse Treatment
- Panelists:
 - Dr. Elizabeth Hopper, Director, Project REACH and the New England Coalition Against Trafficking
 - Dr. Ginny Sprang, Professor of Psychiatry/Executive Director, University of Kentucky College of Medicine; Executive Director, Center on Trauma and Children
 - Tara Hughes, LCSW-R, Coordinator for Human Trafficking Programs, International Institute of Buffalo
 - Dr. Carole Warshaw, Director, National Center on Domestic Violence, Trauma and Mental Health
 - Viann Barnett, Program Director, Cincinnati Union Bethel

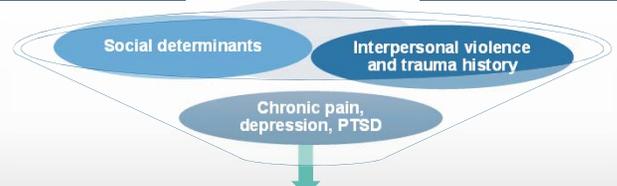
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Learning Objectives

- Investigate the nexus of substance use for individuals at risk of, currently experiencing, or recovering from trafficking.
- Examine individualized trauma-informed care for trafficked individuals with co-occurring conditions that address individual risk and long-term care needs.
- Spotlight new partnerships and community collaborations between the trafficking and substance use fields to deliver trauma-informed care.

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Multiple Pathways to Human Trafficking and Substance Use



- Self-medication, Coerced use, sabotaged recovery
- Limited access to comprehensive trauma-informed Treatment/pain management; overprescribing of opioids
- Continued entrapment; systems involvement (CJ, immigration, CPS)

Substance Use Coercion and Opioids: Mechanisms of Control

- Introducing survivor to opioids and other drugs
- Threats of withdrawal
- Forcing or coercing survivor to use
- Controlling their supply
- Physical injuries and pain management needs
- Using drug and/or trafficking history as threat
- Controlling access to treatment
- Sabotaging recovery efforts
- Blaming abuse on partner's substance use

Bland, P.J., Edmunds, D., (2014). Substance Use/Abuse in the Context of Domestic Violence, Sexual Assault and Trauma. Chicago, IL. NCDVTMH. Retrieved from http://nationalcenterofdomesticviolence.org/wp-content/uploads/2015/10/NCDVTMH_PatriciaBland_DaniEdmunds_SubstanceUseDV&ATraumaControlPlan.pdf

Trauma, Trafficking, and Opioid Use

A lifetime journey with trauma...

- Pre-trafficking trauma exposure
- Trauma exposure during trafficking
- Re-victimization
- Substance use and the cycle of trauma



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Intersections Between Trafficking and Opioid Use



It's more than sex trafficking.....

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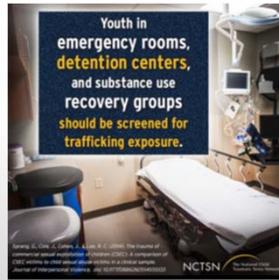
The Intersection of Opioid Use and Child Sex Trafficking: State Perspective



Sprang, G., & Cole, J. (2018). Familial sex trafficking of minors: Trafficking conditions, clinical presentation, and system involvement. *Journal of Family Violence*; Cole, J., & Sprang, G. (2015). Sex trafficking of minors in metropolitan and non-metropolitan communities. *Child Abuse and Neglect*.

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Intersection of the Opioid Crisis and Child Sex Trafficking: A National Study With Clinical Implications

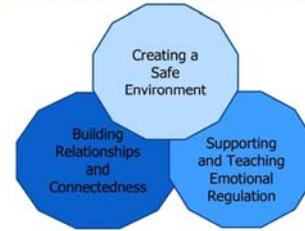


Cole, J., Sprang, G., Lee, R., & Cohen, J. (2016). The trauma of commercial sexual exploitation of youth: Findings from the NCTSN Core Data Set. *Journal of Interpersonal Violence*, 31(1), 122-146. doi: 10.1177/0886260514555133

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A Pathway to Recovery

Components of Trauma-Informed Care



Substance Abuse for Mental Health Services Administration, 2014

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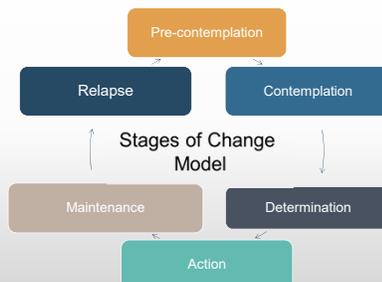
Challenges in Recovery: Trauma-Informed Care

- Substance use as a regulatory tool
- Triggering element of losing a relationship with the substance
- Trauma memories/symptoms emerging



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Challenges in Recovery: Trauma-Informed Care



Prochaska, J.O., DiClemente, C.C., & Norcross, J.C. (1992). In search of how people change: Applications to the addictive behaviors. *American Psychologist*, 47, 1102-1114. PMID: 1329589.

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Promising Practices: Integrated Accessible Care

Safety Considerations
• Harm reduction
• Risk of re-trafficking

Accessibility of Care/Medication-Assisted Treatment/Multidisciplinary Care

Treatment Frame that Addresses the Interconnection between Trauma and Substance Use

Support for Providers

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Partnerships to Address Human Trafficking and Substance Use



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RESOURCES

PANEL 5: ADDRESSING THE SUBSTANCE USE NEEDS OF TRAFFICKING SURVIVORS AND EXPLORING THE NEXUS WITH THE OPIOID CRISIS

Cole, J., & Sprang, G. (2015). Sex trafficking of minors in metropolitan and non-metropolitan communities. *Child Abuse and Neglect*.

Cole, J., Sprang, G., Lee, R., & Cohen, J. (2016). The trauma of commercial sexual exploitation of youth: Findings from the NCTSN Core Data Set. *Journal of Interpersonal Violence*, 31(1) 122–146. <http://dx.doi.org/10.1177/0886260514555133>

Hopper, E.K. (2017). The Multimodal Social Ecological (MSE) Approach: A Trauma-Informed Framework for Supporting Trafficking Survivors' Psychosocial Health. In Chisolm-Straker, M., & Stocklosa, H. (Eds). *Human Trafficking is a Public Health Issue: A Paradigm Expansion in the United States*. New York: Springer.

Hopper, E.K. (2017). Trauma-Informed Treatment of Substance Use Disorders in Trafficking Survivors. In Chisolm-Straker, M., & Stocklosa, H. (Eds). *Human Trafficking is a Public Health Issue: A Paradigm Expansion in the United States*. New York: Springer.

Hopper, E.K. (2017). Polyvictimization and Developmental Trauma Adaptations in Sex Trafficked Youth. *Journal of Child & Adolescent Trauma*. 10:161–173.
<http://dx.doi.org/10.1007/s40653-016-0114-z>

National Center on Domestic Violence, Trauma & Mental Health. (2018). Health e-Bulletin DVAM 2018. <http://www.nationalcenterdvtraumamh.org/2018/10/domestic-violence-awareness-month-issue-health-e-bulletin-dv-substance-users/>

National Center on Domestic Violence, Trauma & Mental Health. (2018). Mental Health and Substance Use Coercion Toolkit. <http://www.nationalcenterdvtraumamh.org/publications-products/coercion-related-to-mental-health-and-substance-use-in-the-context-of-intimate-partner-violence-a-toolkit/>

National Center on Domestic Violence, Trauma & Mental Health. (2016). The Relationship Between Intimate Partner Violence and Substance Use. <http://www.nationalcenterdvtraumamh.org/2016/09/new-resource-fact-sheet-the-relationship-between-intimate-partner-violence-and-substance-use/>

National Center on Domestic Violence, Trauma & Mental Health. (2015). The Relationship Between Intimate Partner Violence and Substance Use. Applied Research Review. <http://www.nationalcenterdvtraumamh.org/wp-content/uploads/2014/09/IPV-SAB-Final202.29.1620NO20LOGO-1.pdf>



National Center on Domestic Violence, Trauma & Mental Health. (2014). Substance Use/Abuse in the Context of DV, Sexual Assault, and Trauma.

<http://www.nationalcenterdvtraumamh.org/publications-products/substance-useabuse-in-the-context-of-domestic-violence-sexual-assault-and-trauma/>

National Center on Domestic Violence, Trauma & Mental Health. (2014). Mental Health and Substance Use Coercion Survey Report.

<http://www.nationalcenterdvtraumamh.org/publications-products/mental-health-and-substance-use-coercion-surveys-report/>

National Center on Domestic Violence, Trauma & Mental Health. (2011). Real Tools: Responding to Multi-Abuse Trauma.

http://www.nationalcenterdvtraumamh.org/wp-content/uploads/2012/09/RealTools_RespondingtoMultiAbuseTrauma_BlandandEdmund.pdf

National Human Trafficking Training and Technical Assistance Center. (2018). Human Trafficking and the Opioid Crisis [Webinar].

<https://www.acf.hhs.gov/otip/resource/nhttacopioidcrisis>

National Human Trafficking Training and Technical Assistance Center. (2018). Service Recommendations for Human Trafficking Survivors With Substance Use Disorders.

<https://www.acf.hhs.gov/otip/resource/hsla2018>

Sprang, G., & Cole, J. (2018). Familial sex trafficking of minors: Trafficking conditions, clinical presentation, and system involvement. *Journal of Family Violence*.